

# DANFORTH'S TO DYSART'S 5<sup>TH</sup> ANNUAL 5K ROAD RACE & BLUEBERRY PIE CHALLENGE

*3.1 miles from Danforth's Down Home Supermarket to Dysart's  
To benefit Hermon High Cross Country*

**Race Sponsors:** Danforth's Down Home Supermarket, Dysart's, Douglass Photography, Fresh Dough Pizza, Hermon Alumni Association, Hermon Rescue, Hermon True Value Hardware

**Date:** Saturday, July 17, 2010

**Start Time:** 9 a.m. Run / 8:30 a.m. Walk / 8 a.m. Fun Run

**Course:** Start at Hermon High School and finish at Dysart's

**Cost:** \$15 for 5k Run/Walk, \$5 for ½ Mile Fun Run

**T-Shirts:** T-Shirts will be given to first 50 race registrants and additional t-shirts will be on sale.

**Optional Dysart's \$100 Blueberry Pie Challenge:** What is the challenge? For an extra \$10, run 2 miles, wolf down a slice of Dysart's Blueberry Pie, and finish the race. The winner gets a \$100 gift certificate to Dysart's.

**Race-day registration:** Begins at 7 a.m. in front of Hermon High School.

**Pre-registration:** Pre-register by completing the entry form below and mailing it with entry fee to:

*Danforth's to Dysart's 5k Road Race  
Hermon High School  
2415 Route 2  
Hermon, ME 04401*

Pre-Registration is encouraged. Please make checks payable to Hermon High School.

T-shirts will be given to the first 50 race registrants. Additional t-shirts will be on sale. All race finishers will receive a \$5 gift certificate to Dysart's. Ribbons will be awarded to the top three male and female finishers in the following age groups: 10 & under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 & over. Awards will be given to the overall male and female winners, and additional awards will be given to those competing in the Dysart's Blueberry Pie Challenge, the 5k walk, and the ½ Mile Fun Run. For more race information contact Riley Donovan at 615-1151 or [donovanr@hermon.net](mailto:donovanr@hermon.net).

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/Town: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Circle one:

5k Run – 5k Walk – ½ Mile Fun Run    Male: \_\_\_\_\_ Female: \_\_\_\_\_    T-Shirt Size: \_\_\_\_\_    Age: \_\_\_\_\_

For an extra \$10, would you like to participate in the Blueberry Pie Challenge?: Yes \_\_\_\_\_ NO \_\_\_\_\_

I assume all risks that go along with running this road race. I also assure that I am physically able to participate in this event. I agree to waive the Town of Hermon, the Hermon School Department, race officials, and all sponsors associated with the race from liability for injuries to me or my property.

Signature of runner or walker: \_\_\_\_\_

Signature of parent (if runner or walker is under 18): \_\_\_\_\_