

## SOUTHWESTERN MAINE TRACK CONFENCE RECORDS

EVENT	PERF.	NAME	SCHOOL	YEAR
Shot Put	62' 1"	Bogdanovich, Edward	Portland	1977
High Jump	6' 8"	Gullikson, Michael	Deering	1986
Jr. LH	5.8	Choi, Chul Ho	Biddeford	1994
	6.01	Belanger, Devin	Biddeford	2004
In. IH	5.7	Thompson, Nate	South Portland	2000
	5.88	Belanger, Devin	Biddeford	2005
Sr. HH	5.7	Holmes, Nate	Massabesic	2001
	5.85	Ludwig, Max	South Portland	2004
Jr. 40	4.7	Krantman, Howard	Deering	1964
In. 40	4.6	Cassavola, John	Deering	1934
	4.6	Ligouri, Robert	Edward Little	2001
	4.84	Ogweta, Juma	Portland	2004
Sr. 40	4.5	Thayer, Robert	South Portland	1964
Jr. 200*	25.9	Kimball, Patrick	Thornton Academy	1998
In. 200*	24.9	Falconer, Stephen	Portland	1998
Sr. 200	24.5	Nappi, Nicholas	Cheverus	1998
Jr. 300	35.5	Van Dam, Brian	Scarborough	2005
In. 300	34.1	Pochebit, Walter	Cheverus	1977
Sr. 300	33.6	Berryman, Richard	South Portland	1972
Jr. 400*	56.7	Johnson, Gerald	Scarborough	1998
In. 400*	53.8	Drake, Donald	Deering	2002
	53.8	Belanger, Devin	Biddeford	2005
Sr. 400	53.3	Edwards, Khabir	Portland	2005
Jr. 600	1:21.2	Fletcher, Benjamin	Edward Little	1997
In. 600	1:16.3	Pettingill, Brian	Cheverus	1981
Sr. 600	1:16.0	Healy, Mark	Deering	1974
800 Meters	1:59.4	Drake, Donald	Deering	2003
1 Mile	4:21.7	Pettingill, Brian	Cheverus	1981
2 Miles	9:34.4	Taye, Sintayehu	Portland	2005
Jr. Relay	1:04.5	Krantman, Howard		
		McFarlane, James		
		Flynn, Robert		
		Stanley, Paul	Deering	1964
	1:04.5	Krantman, Howard		
		McFarlane, James		
		Flynn, Robert		
		Hachey, Joseph	Deering	1964

In. Relay	1:36.6	Quinn, John DiBiase, Stephen Sandora (Leavitt), Richard Pellegrini, Martin	Portland	1964
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Sr. Relay	2:09.8	Reid, William Dyer, James Bonaventura, Richard Norton, Robert	South Portland	1964
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		Soule, Morton O'Flynn, William Gray, Paul Allen, Thomas	Deering	1962
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Retired Records

In. LH	5.7			
Jr. 150	17.1	Krantman, Howard	Deering	1964
Jr. 240	27.9			
Jr. 440	54.6	Pettingill, Brian	Cheverus	1979
1000	2:18.3	Pettingill, Brian	Cheverus	1981