

First Annual Hermon Alumni 5K Road Race

Sponsored by Dysart's

Come run or walk on Saturday, July 15 2006 to raise money for the Hermon High School Cross Country team. The race will start at the high school at 10 a.m. Registration begins at 9 a.m.

The cost to run will be \$15 per competitor/\$10 for competitors under 18. Pre-registration is encouraged. You can pre-register by completing the entry form below and mailing it with a check to:

Riley Donovan
Cross Country Coach
Hermon High School
2415 Route 2
Hermon, ME 04401

Please make checks payable to Hermon High School. Free T-Shirts will be given to the first 50 race registrants. Awards will also be given to the top three finishers in each age group. For more information contact Riley at 615-1151.

Last Name: _____ First Name: _____

Mailing Address: _____

City/Town: _____ State: _____ ZIP: _____

Male: _____ Female: _____ T-Shirt Size: _____ Age: _____

I assume all risks that go along with running this road race. I also assure that I am physically able to participate in this event. I agree to waive the Town of Hermon, the Hermon Recreation Department, the Hermon School Department, race officials, and all sponsors associated with the race from liability for injuries to me or my property.

Signature: _____

Signature of Parent(if under 18): _____