

# Maine Woods Trail Marathon

Sunday, 8 July 2007, 7:00 AM  
Mt Blue State Park, Center Hill location, Weld, Maine  
presented by,  
**Mt. Blue State Park**  
&  
**Central Maine Striders**

This is a hilly trail run in the forests of western Maine. The tree covered trail is 6-8 feet wide and easy to follow. There are bridges across all the streams. Runners must carry bottles, there are only 6 water supply stops. Each runner is issued a map with marked checkpoints as a way of determining how many miles they have run. There is no time limit. However, this not an event for racewalkers. There will be free camping for tents the night before at the Center Hill location. Your entry fee of \$15 covers trail fees, administrative costs and a pasta meal after the race.

For more information: Gene Roy (207) 465-7296 or [generoy@prexar.com](mailto:generoy@prexar.com)  
send entries to: 12 Sawdust Trail, Oakland, Maine 04963

Waiver and entry form- Maine Woods Trail Marathon

I know that running this race is a potentially hazardous activity. I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the run. I assume all risks associated with participating in this event including but not limited to falls, contact with other contestants, effects of the weather, dehydration, traffic, insect bites and getting lost. Having read this waiver and known these facts and in consideration of your accepting this my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Central Maine Striders, the Mt. Blue State Park authorities and the State of Maine for all claims or liabilities of any kind arising out of my participation in this event.

Maine Woods Trail Marathon 26.2 miles

Name \_\_\_\_\_ age \_\_\_\_\_ gender \_\_\_\_\_

Address \_\_\_\_\_

signature: \_\_\_\_\_