

"She is like a Rainbow"  
LINDSEY MARIE MA'NAK<sup>W</sup>ANE ALMENAS  
1<sup>ST</sup> ANNUAL MA'NAK<sup>W</sup>ANE MEMORIAL  
5K RUN/WALK 2007

WHERE: Penobscot Nation, Community Building, Indian Island ME

WHEN: Saturday, April 7, 2007      TIME: 10:00 AM (registration: 8:00 -9:45)

ENTRY FEE: \$12.00 pre-registration until March 30, 2007; \$15.00 day of race

T-Shirt is included for pre registrants **only**

T-Shirts available for sale - \$10.00

Make checks payable to: Lindsey Almenas Scholarship Fund

Send to: Penobscot Nation

c/o Dee Love

12 Wabanaki Way

Indian Island ME 04468

*Proceeds to benefit: Lindsey Almenas Scholarship Fund*

CATEGORIES: Mugs for the 1<sup>st</sup> and 2<sup>nd</sup> Male and Female 10 & under, 11-14, 15-18,  
19-29, 30-39, 40-49, 50-59, 60-99 and Walkers

DOOR PRIZES: Door prizes will be drawn for all participants after the race

CONTACT INFO: Dee Love 817-7301 or email: [dlove@penobscotnation.org](mailto:dlove@penobscotnation.org)

✂ ✂ ✂ ✂ REGISTRATION FORM - CLIP AND MAIL ✂ ✂ ✂ ✂

NAME \_\_\_\_\_ TEL \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ SEX \_\_\_\_\_ RUNNER \_\_\_\_\_ OR WALKER \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

*In consideration of this entry being accepted, I, for heirs, my assigns, and myself hereby waive and release any rights and claims I may have against sponsors and officials of the Lindsey Almenas 2007 5k Road Run/Walk. I also attest that I am physically fit and trained for this event.*

Signature of Runner (or guardian if under 18) \_\_\_\_\_