

33rd

HAMPDEN 8 1/2 mile ROAD RACE

Sunday, June 15, 8:30AM
George B. Weatherbee School
Route 1A, Hampden
Race day registration: 7:30am



NO ENTRY FEE

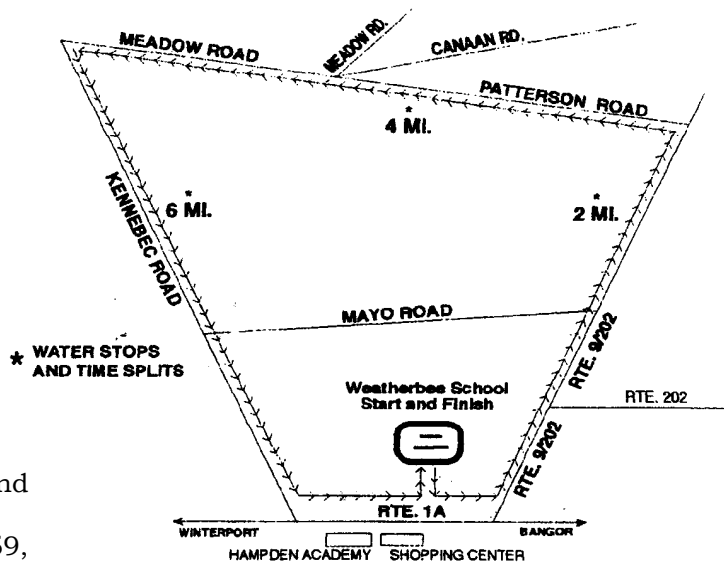
Sponsors:

**Hampden Recreation Committee
Sub5 Track Club**

**Bathrooms at start/finish
Water and time splits
at miles 2, 4 and 6**

Awards:

Male & Female: 1st & 2nd overall, 1st & 2nd Hampden finishers, 15 & under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over; AND the Mean Runner Award!



name

address

gender: m f age: Hampden resident: Yes

**Mail to: Skip Howard, PO Box 562
Bangor, ME 04402-0562
skippr@adelphia.net**

Required Race Agreement: By signing below, you understand and agree to the following: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event included but not limited to falls, contact with other participants, the effect of weather (including wind, rain, and snow), traffic and the conditions of the road, in consideration of your accepting my entry. I, for myself and anyone entitled to act on my behalf, waive and release the Sub5 Track Club, the town of Hampden and all sponsors, their representatives and successors from all claims or liabilities arising out of my participation in this event.

Signature

Date

Signature of parent or guardian if under 18

Date