

## *Blue Hill Great Pumpkin 4k Road Race*

**What:** 4k (2.42 mi) Race

**When:** Sunday, October 5<sup>th</sup>, 2008

**Where:** Registration in the parking lot of Tradewinds Market between 10:00-11:00 AM. 4k race will begin at 11:30 AM at Tradewinds Market and ends at the Blue Hill library.

**Directions:** Tradewinds Market is located at the intersection of Rt 15 and South Street in Blue Hill.

**Course:** 4k will begin at Tradewinds Market and will end at the Blue Hill library. The course is wheel measured. A large part of the course is downhill with the rest mostly flat with two short uphill sections.

**Cost:** Students- \$6; Adults-\$10; (All proceeds will be donated to the George Stevens Academy Cross-Country team)

**T-Shirts:** Free to the first 50 entries

**Awards:** Male and Female overall winner. Medals for male and female division winners. Ribbons for 2<sup>nd</sup> and 3<sup>rd</sup> in each division. Raffle drawings after race.

**For more information:** Contact Chuck Lawrence at Tradewinds Market #374-5137

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Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
Age: \_\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_\_ T-Shirt Size S\_\_ M\_\_ L\_\_ XL\_\_  
Division: 10 and under \_\_\_\_ 11-14 \_\_\_\_ 15-19 \_\_\_\_ 19-29 \_\_\_\_ 30-39 \_\_\_\_ 40-49 \_\_\_\_  
50-59 \_\_\_\_ 60 and over \_\_\_\_ Entry Fee : Student \$6 \_\_\_\_ Adult \$10 \_\_\_\_

**Race Waiver and Release (must be signed by participant or parent/guardian if under age 18):** I am a voluntary participant in this event and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against the organizers, sponsors, workers, and any other persons or entities associated with this event from any loss, liability, or claims I may have arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or guardian signature (if under age 18) \_\_\_\_\_

Make Checks payable to: George Stevens CC 4k Road Race

Mail to: Attn: Chuck Lawrence (Road Race)

Tradewinds Market, 15 South Street, Blue Hill, ME 04614

Sponsored by: Tradewinds Market Place and Bar Harbor Bank & Trust