



Manuscript, pen-and-ink and watercolor. Plan of Fort Pownall, includes 3 profile views, 1759.

TO ALL BRAVE, HEALTHY, ABLE BODIED AND WELL. IN THIS NEIGHBOURHOOD, WHO HAVE ANY INCLINATION TO JOIN THE ROAD RACE. TAKE NOTICE.

THAT on Sunday, July 19th, 2009, a 12K (7.45 mile) road race will be held at the Fort Point State Park commencing at 9:00 am. The road race is part of a weekend long celebration that is commemorating the 250th Anniversary of the building of Fort Pownall.

"A Fort at Penobscot River would be of utmost importance... It would take possession of the very fine Country.... It would take possession of the finest Bay in North America for large shipping just at the mouth of the Bay of Fundy and would be advancing the Frontiers of his Majesty's Dominions." **Massachusetts Governor Thomas Pownall in a letter dated January, 1758 to William Pitt, Prime Minister to England.**

Registration: starts at 8 am/ \$12 in advance/ \$15 day of race – Commemorative t-shirts for first 30 registered. Awards: Top male and female finisher. First male & female finishers in age groups 1-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60-99.

Directions - In Stockton Springs take a right onto Cape Jellison Road. Stay on that road for .9 miles, then take a left. Stay on that road for 1.8 miles. Bear left onto Fort Point Road, which will lead you into the park. Look for the race registration table at the park near the fort remains.

Fort Point State Park occupies a long peninsula with panoramic views of the Penobscot River and Penobscot Bay. On its 120 acres, the park features more than a mile of rocky shore, a tidal sandbar, and diverse habitat for a variety of plants and animals. Opened in 1974, the park also includes Fort Point State Historic Site and the Fort Point Light Station. The remains of Fort Pownall contain interpretive panels and a stone marking the original burial site of Gen. Samuel Waldo for whom Waldo County and Waldoboro are named.



2009 Road Race Series

For Race & Volunteer Information Contact: Ryan King 207-567-3260 Email: rking@mpbn.net

250th Anniversary of Fort Pownall 12K Road Race

Send registration form to: Ryan King, 111 Church Street, Stockton Springs, Maine 04981

Make checks payable to *Town of Stockton Springs*

Race Agreement – In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all sponsors and their representatives, successors and assigns from any and all rights and claims for damages I may have arising out of any injuries and/or illnesses suffered by me in this event, including those which may be attributable to weather conditions and/or the conditions of the course. I attest and verify that I will participate in this event as a footrace entrant and THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT.

Name: (please print): _____ Sex: _____ Age: _____

Address: _____

Phone: _____ Email: _____ Circle T-Shirt Size: S M L XL

Participants Signature (or parent or guardian if under 18) _____ Date: _____