

CATEGORIES

Please check those age categories that apply

- Male Female
- In Utero Less than 0 Division
- 0-10 Stroller Division
- 11-15 Youngster Division
- 15-19 Young Adult Division
- 20-29 Younger Than Me Division
- 30-39 Mature Division
- 40-49 Still Younger Than Me Division
- 50-59 Middle Age Division It's my race & I decide what's middle
- 60-69 Young at ♥ Division
- 70-79 Middle-Middle Age
- 80+ Elder Division
- With Dog Division

TEAMS

2 Ways To Skin This Cat

Enter your team members here:

Average Time Division - 3 or more members top 3 runners on your team

One for All All for One Division - 3 or more team members connected by a rope or leash

UNIQUE CATEGORIES

In Utero Division: If you're pregnant, bring your baby to be across the finish line with you.

0-10 "Stroller Division" : for those 0-10 year olds to share with their adult pushers.

"With Dog" Division: Only well-behaved dogs who like people and other dogs PLEASE.

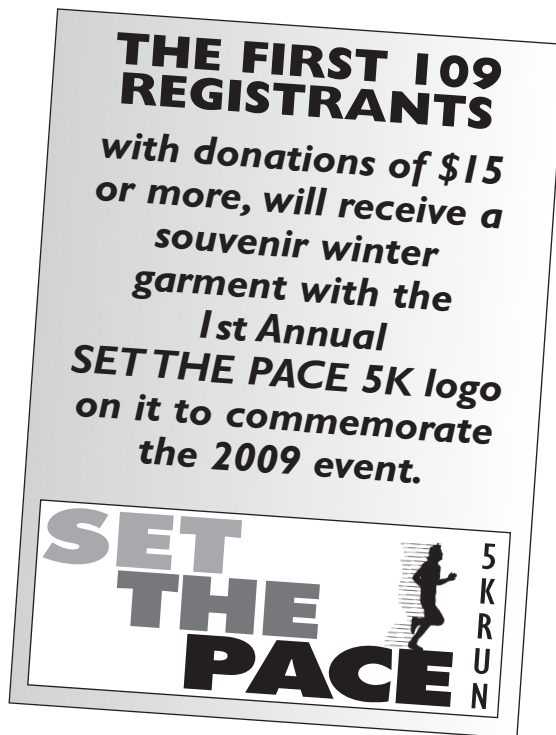
THE OPT-OUT RUNNERS' PROGRAM

Make a donation and designate a runner to be your proxy. Your name will appear under your designated runner with their time, or if you prefer, you will be listed at the end of the runners list as a supporter.

SUGGESTED DONATIONS

Single runner	\$8 to \$15
Couple	\$15 to \$25
Family	\$25 to \$50
Team	\$50 to \$100

Make checks out to: Little Field Home



Race Registration Form SET THE PACE 5K RUN

Name _____

Address _____

City _____ State _____ Zip _____

Phone: (Home) _____ (Work) _____

E-mail _____

Male Female Date of Birth _____

Age _____

WAIVER/RELEASE - Signature Required

I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Set the Pace 5K Race. (2) In consideration for my application to participate in Set the Pace 5K Race, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue as the result of my participation, and (3) I hereby grant specific permission to reproduce, publish, circulate, copyright or otherwise use any and all photographs and/or video of me and/or my family, taken at the Set the Pace 5K Race.

Participant's Signature _____

Date _____

Opt-Out Participants SET THE PACE 5K RUN

Name _____

Designated Runner _____

Your name will appear under your designated runner;

I would prefer to be listed after all runners as a supporter.

Donation Amount _____

Make checks out to: Little Field Home

Send check and registration form to:

Reade Brower
c/o Free Press, 8 N. Main St. #301
Rockland, ME 04841

E-mail questions to: reade@freepressonline.com
or call 207-691-3510