

*Blue Hill Chamber of Commerce
Great Pumpkin 4k Road Race*

What: 4k (2.42 mi) Race

When: Sunday, October 4th, 2009

Where: Registration in the parking lot of Tradewinds Market between 9:00-10:00 AM.

4k race will begin at 10:30 AM at Tradewinds Market and end at the Blue Hill library.

Directions: Tradewinds Market is located at the intersection of Rt 15 and South Street in Blue Hill.

Course: 4k will begin at Tradewinds Market. The 4k race will end at the Blue Hill library. The course is wheel measured. A large part of the course is downhill with the rest mostly flat with two short uphill sections.

Cost: Students- \$6; Adults-\$10 (All proceeds will be donated to the George Stevens Academy Cross-Country team)

T-Shirts: Free to the first 50 entries

Awards: Male and Female overall winner. Medals for male and female division winners. Ribbons for 2nd and 3rd in each division. Raffle drawings after race.

100.00 Citgo gas card to the first Male and Female finishers

For more information: Contact Chuck Lawrence at Tradewinds Market #374-5137

Name _____ Phone _____
Address _____ City _____ State ____ Zip _____
Age: _____ Male ____ Female _____ T-Shirt Size L __ XL __
Division: Student (age 19 and under) _____ 20-29 _____ 30-39 _____ 40-49 _____
50-59 _____ 60 and over _____ Entry Fee : Student \$6 _____ Adult \$10 _____

Race Waiver and Release (must be signed by participant or parent/guardian if under age 18): I am a voluntary participant in this event and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against the organizers, sponsors, workers, and any other persons or entities associated with this event from any loss, liability, or claims I may have arising out of my participation in this event.

Signature: _____ Date: _____

Parent or guardian signature (if under age 18) _____

Make Checks payable to: 4k Road Race

Mail to: Attn: Chuck Lawrence (Road Race)

Tradewinds Market, 15 South Street, Blue Hill, ME 04614

Sponsored by: Tradewinds Market Place

