

Capital City Veterans Day 5K Road Race/Kid Fun Run to Benefit Cony High School Athletics

When: Thursday, November 11th 2010- Veterans Day

Where: Cony High School 60 Pierce Drive, Augusta, Maine

Registration: Starts at 9:00 am ends at 9:45 for the 5K

Race Times: 9:30- One Mile Kids Fun Run

10:00- 5K Race

Awards: One Mile Fun Run Participants Get Ribbons

5K Race, Overall Male and Female Winners

Age Group Awards (both sexes) 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

Entry Fees: Pre-registration \$20.00 for the 5K, \$22.00 race day (checks payable to Cony All Sports Boosters) \$8.00 for the One Mile Fun Run. Register online at www.runreg.com

Shirts to the first 100 5K registrants!

Race Directors: Shawn Totman (stotman@augustaschools.org)

or Taylor Harmon 182 Leavitt Road, Augusta, Maine, 622-3229 (ivesrun@gmail.com)