

22nd Annual Joseph's 5K Run or walk



Saturday, June 12th, 9:00 AM
at Lawrence High School, 9 School Street, Fairfield

Certified, flat, and fast loop course starts and ends on track.

RACE ENTRY:

\$12 pre-entry (by June 4); \$15 day of race (registration in the cafeteria at the back of the school from 7:30-8:30); students, \$10; families, \$25 (2 shirts max); checks payable to Lawrence Class of 2013

MAIL PRE-ENTRIES TO:

Julie Millard • 608 Winslow Road
Albion, ME 04910

AWARDS:

Prizes for top male and female finishers and age-group winners.

FOR MORE INFO:

Contact Julie Millard, 437-2896
email: jtmillar@colby.edu

T-SHIRTS: T-shirts to first 50 entrants

SPONSOR: Joseph's Clothing and Sporting Goods

PROCEEDS BENEFIT: Lawrence High School Class of 2013

ENTRY FORM

Mail with \$12 (\$10 for student; \$25 for family; \$15 day of race) before June 4 to: Julie Millard • 608 Winslow Road • Albion, ME 04910

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and know these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Lawrence High School, City or Town officials, race directors and all sponsors, their representatives and successors for all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons name in this waiver

NAME: _____ AGE: _____ SEX: _____ T-SHIRT SIZE _____

ADDRESS: _____ Date of birth: _____ Walker? _____

SIGNATURE

PARENT/GUARDIAN IF UNDER 18