

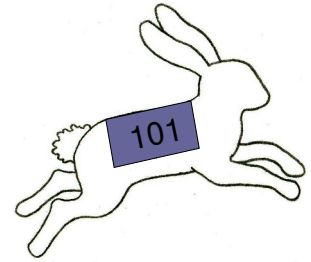
EPIC SPORTS'

Rabbit Run

4 Mile Trail Run at the Bangor City Forest

Saturday, April 24th
9:00am

Registration starts at 8:00am
Walkers welcome! (Start time 8:30am)



Prizes!

Gift certificates will be awarded to overall male and female winners as well as age groups.

Directions: From I-95 take Exit 187/Hogan Road toward Stillwater Ave. Turn right onto Stillwater Ave and take the next left onto Kittredge Rd. Continue for 1 mile to end of road. Parking available on road side after pavement ends. Registration tent and portable bathroom will be on site. Course follows East-West path via Rabbit Trail and ends near the start area. Please do not enter the City Forest from Tripp Dr.

REGISTRATION FORM

Contact Information

Name _____

Address _____

Phone _____ Email _____

Age on race day _____ Gender _____

Race Agreement: By signing below, you understand and agree to the following: I know that running a road/trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls or injuries caused by weather conditions, traffic, and road/trail conditions, in the consideration of my entry acceptance. I, for myself and anyone entitled to act on my behalf waive and release all race sponsors, Epic Sports, The City of Bangor, and all representatives and successors from all claims or liabilities arising out of my participation in this event.

Signature _____ Date _____

Signature of parent or guardian if under 18 _____ Date _____

Entry Fee:

\$10.00 in advance

\$15.00 on race day

Advance registrations can be paid at Epic Sports at 6 Central St. Forms available at www.sub5.com

Race proceeds will
benefit local charities!



long may you run...