

**THE 2ND ANNUAL
RALPH K. THOMAS
8K RUN 2010
(And 2.5 Mile Walk)**

WHERE: Penobscot Nation, Community Building, Indian Island ME

WHEN: Sunday, November 7, 2010 **TIME:** 9:00 AM (registration: 7:45 -8:45)

ENTRY FEE: \$10.00 pre-registration until 11/5/10; \$12.00 day of race
\$8.00 pre-registration for children up to 10 years; \$10.00 day of race
T-Shirt is included for pre-registrants thru 10/8
10/9-11/7 registrants will receive a t-shirt as supply lasts.



Make checks payable to: Penobscot Nation
Send to: Penobscot Nation Health Dept.
c/o Patty Martin
23 Wabanaki Way
Indian Island ME 04468

Proceeds to benefit: Families of Tribal members with catastrophic healthcare needs

CATEGORIES: 1st Male & Female runner will receive a Penobscot basket. Prizes to be awarded to 1st and 2nd place winners in each division.

DOOR PRIZES: Door prizes will be drawn after the race

CONTACT INFO: Bob Bryant: robert.bryant@penobscotnation.org or 817-7358
Dale Lolar: dale.lolar@ihs.gov or 817-7425

✂ ✂ ✂ ✂ REGISTRATION FORM - CLIP AND MAIL ✂ ✂ ✂ ✂

NAME _____ TEL _____ Email _____

ADDRESS _____ AGE _____ SEX _____

RUNNER ___ WALKER ___ T-SHIRT SIZE _____

In consideration of this entry being accepted, I, for heirs, my assigns, and myself hereby waive and release any rights and claims I may have against sponsors and officials of the Ralph K Thomas 8K Road Run/Walk. I also attest that I am physically fit and trained for this event.

Signature of Runner (or guardian if under 18) _____

Form may be photocopied for additional participants