

5th Annual Suddy 5K Run/Walk & 1-Mile Fun Run

Race Date: Saturday, September 11, 2010 @ 9am

Start/Finish: Suddy Field, County Road - Eastport

Registration: \$15.00 5K Run/Walk
\$10.00 1-Mile Fun Run (age 12 & under)

Registration begins at 8:00 am. All fees are non-refundable. Please make check payable to Jay Michael Suddy Foundation and send to:

Jay Michael Suddy Foundation
c/o Arran Stevens
240 Barnstable Road, #17
South Portland, ME 04106

Please circle one of the following:

Category:	Runner	Fitness Walker		
Sex:	Male	Female		
*T-shirt Size:	S	M	L	XL

Name: _____

Address: _____

City/State/Zip: _____

Age on Race Day: _____

Email address: _____

Please read this waiver:

I know that running and walking are potentially hazardous activities. I will not enter and run or walk unless I am medically able and properly trained. I assume all risks associated with running/walking including, but not limited to falls, contact, with other participants, adverse effects of the weather, traffic, and the conditions to the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting of my application. I for myself and anyone entitled to act on my behalf waive release, hold harmless and indemnify the Jay Michael Suddy Foundation, the City of Eastport, all sponsors, any individuals associated with this event, including their representatives and successors from all claims, damages, or liabilities, of any kind arising out of my participation in this event, including travel to or from this event, even though that liability may arise out of negligence or carelessness on the part of the persons or associations named in this waiver. Further I grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recordings, or any other records of this event for any legitimate purpose.

Signature: _____
(Signature of Parent or Guardian if under 18 years of age)

Date: _____

*** First 150 registered Runners/Walkers receive a commemorative race t-shirt.**