



Catch the General! 5K Run/Walk and Kids Fun Walk



**Proceeds to benefit the
Veazie Community Center
Renovation.**

Date: Saturday, August 7, 2010

Time: 8:00 am

Pre-register by: August 4, 2010

The race and walking events will both begin and end at the Veazie Community School at 1040 School Street, Veazie, Maine. Water stops will be available. Rain or shine!

**Race day registration begins at 7:00 am.
Kids run/walk begins at 8:00 am
5K run begins at 8:15 am**

Entry fees:
Advance Registration:
\$7 adults and \$15 families

Race Day Registration:
\$10 adults and \$20 families

Kids 12 and under run or walk free!

Free admission to those brave enough to come to race day dressed as General Samuel Veazie!

Please make the check payable to Town of Veazie. A registration form is required for each participant.

For more information or to register call:

Rob Young: 207.478.6239

Mail form and entry fee to: Town of Veazie
1084 Main St., Veazie ME 04401

Race forms available at the Veazie Town Office ryoung@veazie.net

PRIZES

First male and female 5K run finishers—12 and under/ 13-19/ 20-39/40-59/60+.

Entrance fee includes a free pancake breakfast for all participants and free access to all Veazie Days events on Saturday, August 7, 2010!

In consideration of my participation or the below named child's participation (if said child is under 18 years of age), I hereby release and covenant not-to-sue on behalf of the below named person (or child if under 18 years of age) the Town of Veazie, Veazie Parks and Recreation Dept., and any of their employees, instructors, volunteers, or agents, from any and all present and future claims resulting from any negligence on the part of the Veazie Parks and Recreation Dept. or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in the programs or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims resulting from any negligence by the Veazie Parks and Recreation Dept. and any of their employees, instructors, volunteers, or agents, both present and future that may be made by me, my family, estate, heirs, devisees, or assigns. Further, I am aware that this is a vigorous program involving cardiovascular stress. I understand that the program involves certain risks, including but not limited to, death, brain damage, and serious injury to virtually all bones, joints, muscles, and internal organs. I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all inherent risks of property damage, personal injury or death. I further agree to indemnify and hold harmless the Town of Veazie, the Veazie Parks and Recreation Department, and others listed of any and all claims arising as a result of my or the below named child engaging in or receiving instruction in programs or any activities incidental thereto, wherever, or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by laws of the State of Maine and agree that if any portion is found invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in Maine.

I affirm that I or the parent/guardian of the above named child if the child is under 18 years of age, am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and or remedies which may be available to me for the ordinary negligence of the Parks and Recreation Dept. or any of the parties listed.

Circle Event: 5K Run 5K Walk Kids

Name _____ Phone _____

Address _____ Sex _____ Age on race day _____

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____