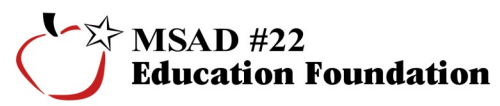


Making Tracks for Teachers!

5-K Fun Run or 1-Mile Walk

Sponsored by



Saturday, October 9, 2010

Registration: 8:15 to 8:45 Race at 9 a.m.
Weatherbee Elementary School,
Main Road North, Hampden

\$8 to pre-register; \$10 race day registration.

Family rate (2 or more people): \$15 pre-register; \$20 on race day.

Course for Walk: Weatherbee School, McGraw School and Reeds Brook School.

Course for Run: Weatherbee School North on 1A, left on Western Ave., loop on Constitution Avenue, return to school.

Proceeds will benefit establishment of a mini-grant program for MSAD #22 teachers and students.

For more information contact: MSAD #22 Education Foundation at 852-2138 or mspencer@sad22.us



First 40 people registered get a free T-shirt!

Borders gift cards to top runners!



Make check payable to and mail entry to: MSAD #22 Education Foundation, PO Box 115, Hampden, ME 04444.

Pre-registrations must be received by October 8.

Name _____

Address _____

Phone _____

Email address _____

Sex: M F Age: _____

Walking Running (circle one)

T-Shirt size: Youth S M L

Adult S M L XL

Race/Walk Waiver and Release (must be signed by participant or parent of guardian if under 18): I am a voluntary participant in this event and in good physical condition. I know that this event is a potentially hazardous activity, and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in the event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against any organizers, sponsors, workers and any other persons or entities associated with this event from any loss, liability, or claims I may have arising out of my participation in this event.

Signature _____ Date _____