



31st Old Halloween Day 5K Road Race

Sanctioned by Maine USA Track and Field



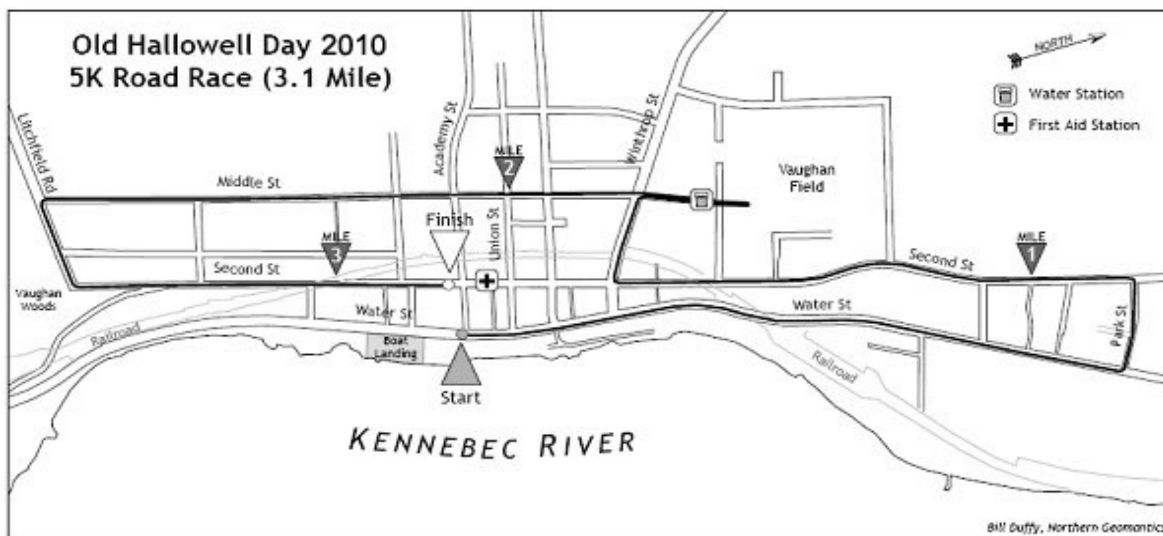
In partnership with:



Kennebec Land Trust

7:30 AM Saturday - July 17, 2010

Course & Time: 7:30 AM race starts and finishes near the Kennebec River boat landing on Water Street in Hallowell, Maine. Five kilometer course weaves through Hallowell's scenic historic business district and residential streets. Registration at Hallowell Seafood and awards held at the boat landing.



Registration: 6:00-7:00 AM at the Hallowell Seafood, corner of Water and Temple Streets.
(Number pick-up) See registration form on reverse side or on the events page at: <http://www.meusatf.org>

Pre-registration: by mail or online at www.runreg.com/events/register.asp?EventID=2331 is recommended.

T-shirt Guarantee: Race t-shirts for all registrations received by July 1st.

Awards: Post race refreshments and awards at the Hallowell boat landing.
All race festivities to be completed prior to the Old Halloween Day parade.
Overall winners and age categories winners receive a pottery mug from Hallowell Clayworks.
1st M/F Overall, 1st M/F in the following age categories: 13 & Under, 14-16, 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

New for 2010! Teams (three runners per team not age based): 1st Male, 1st Female, 1st Mixed gender
Team awards will be gift certificates or gift baskets
(runners are eligible for both team and individual awards)

Sponsors:



Questions: Email: OHD5K2010@yahoo.com or call Marty Thornton at 207-512-2587

