



**14<sup>TH</sup> Annual "Pony Pride" Alumni 5K  
OPEN TO ALL**

**In conjunction with Foxcroft Academy's Alumni Weekend  
9:30 a.m. Celebration Parade to follow race**

**Date:** Saturday, August 7, 2010  
**Time** 8:00 a.m.  
**Register:** 7:00 a.m. - 7:45 a.m.  
**Location:** YMCA (showers available), Park Street, Dover-Foxcroft, Maine  
**Course:** Relatively flat and fast and goes through the town of Dover-Foxcroft  
**Entry Fee:** \$12.00

**Race Features:**• T-Shirts to first 75 participants who register

- Gift Certificate for the winner of each category
- Prizes for 1<sup>st</sup> Male/Female FA Alumni
- Random Drawing for 2, \$25 Cash or \$50 Savings Bonds
- 1<sup>st</sup> Male/Female \$50 Cash or \$100 Savings Bond
- Post race refreshments

**DIVISIONS:** 14 AND UNDER, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over

**REGISTRATION:** Send signed entry form with check payable to: Foxcroft Academy c/o George Rolleston, 975 West Main Street, Dover-Foxcroft, ME 04426

**-----Entry Form-----**

In consideration of accepting this entry, I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims and damages I may have against the race organizers, directors, any sponsors, their representatives, successors, Foxcroft Academy, and assigns for any and all injuries suffered by me at said race or event, even if caused by negligence on the part of the race organizers.

Runner's Signature \_\_\_\_\_ Parent's Signature (if under 18) \_\_\_\_\_

Name (please print): \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Circle T-shirt size S M L XL