



**Subject: 2009 USATF Level 1 Coaches Clinic**

Dear Coaches and Athletic Directors,

At this time, Maine USATF association will be co-hosting a 2009 USATF Level 1 Coaches Clinic with the New England Association.

The school will be held at **Governors Academy in Newbury MA from July 24 through 26.**

The Level I school lasts 20 hours over three days, and covers fundamentals of sports science and training in the various event groups. Appropriate for new and experienced coaches alike, it's designed so all coaches will be "speaking the same language" regarding training terminology. Level I is becoming a requirement for many college and HS positions, and is a pre-requisite to attend the specialized week-long Level II schools. A new youth oriented Level II is also being developed.

More information on the USATF Coaching Education program can be found at the [USATF Coaches' Education website](http://www.usatfne.org). **On-line registration for the July Level I school will begin in early March.** For your convenience, the New England association's web site address is: [www.usatfne.org](http://www.usatfne.org)

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