

All Time Maine Girls Outdoor Bests

Event	Perf.	Name	School	Year	Meet
Shot Put	52' 1.75	Becky O'Brien	Greely	2008	NON, USATFJN
Discus	161' 11	Becky O'Brien	Greely	2008	New England Championship
Javelin	168' 0	Jane Woodhead	Lewiston	1986	State A
Javelin(int.)	139' 8	Keila Grigware	Biddeford	2010	SMAA meet
Hammer Throw	115" 8	Michele Michaud	Skowhegan	1999	
High Jump	5' 9	Jesse Labreck	Messalonskee	2008	State A
Long Jump	18' 2	Alison Kent	Gorham	1981	Triple C meet
		Jesse Labreck	Messalonskee	2008	KVAC meet
Triple Jump	38' 8.5	Jesse Labreck	Messalonskee	2008	New England Championship
Pole Vault	12' 0	Bethany Dumas	Cony	2007	Loucks Games
100 HH	14.48	Jesse Labreck	Messalonskee	2008	State A
300 LH	43.94	Jesse Labreck	Messalonskee	2008	New England Championship
100 Dash	12.1	Kim Doucette	Old Orchard Beach	1989	State C
	12.12	Logan Crane	Freeport	2005	State C
200 Dash	25.06	Logan Crane	Freeport	2005	State C
400 Dash	57.17	Cuylar Godwin	Mt. Ararat	1994	State A
440 Yard Dash	56.3	Beth Hamilton	Westbrook	1979	State A
800 Run	2:15.13	Kaitlynn Saldanha	Scarborough	2007	New England Championship
800 Run*	2:11.89	Rachel Schneider	St. Thomas Aquinas	2009	New England Championship
1500 Run	4:33.23	Bridget Gagne	NYA	2001	USATF jr. nationals
1600 Run	4:51.57	Abbey Leonardi	Kennebunk	2010	State A
1600 Run*	4:51.00	Rachel Schneider	St. Thomas Aquinas	2009	New England Championship
1 Mile Run	4:56.22	Abbey Leonardi	Kennebunk	2010	NBN
3000 Run	9:47.64	Abbey Leonardi	Kennebunk	2010	New Balnce Twilight Meet
3200 Run	10:19.09	Abbey Leonardi	Kennebunk	2011	New England Championship
2 Mile Run	10:26.59	Abbey Leonardi	Kennebunk	2010	NBN
5000 Run	17:51.49	Erica Jesseman	Scarborough	2006	NON
10,000 Run	34:36.81	Cassie Hitz	Old Town	2004	Penn Relays
400 Relay	49.40	Stephanie Lomasney			
		Danielle Clements			
		Emily Mitchell			
		Chelsey Tewell	York	2008	State B
1600 Relay	3:58.47	Rachelle Greene			
		Nicole Kirk			
		Whitney Chamberlain			
		Abby Chick	Scarborough	2009	New England Championship
3200 Relay	9:17.62	Jessie Wilcox			
		Rose Lebel			
		Krystal Douglas			
		Elizabeth Wilcox	Mt. Ararat	2005	New England Championship
1600 Race Walk	7:19.77	Caitlin Bonney	Mt. Blue	2000	State A
800 Relay	1:49.08	Shannon Houlihan			
		Lindsay Sullivan			
		Kyra Chadbourne			
		Noel Beagle	Gorham	2000	Brewer Relays
800 Medley Relay	1:53.7	Warren,			
		Stella Striligas			
		Nicole Binette			
		Briana Neault	Biddeford	1995	Westbrook Relays

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1600 Medley Relay	4:20.81	Noel Beagle			
		Lindsay Sullivan			
		Shannon Houlihan			
		Kyra Chadbourne	Gorham	2000	Brewer Relays
Distance Medley	12:40.58	Lisa Patterson			
		Melissa Jacobs			
		Heather Clark			
		Heather Jovanelli	Brewer	2001	Brewer Relays
3000 R. W.	14:56.23	Lauren Forgues	Boothbay Region	2005	
5000 R. W.	25:10.26	Lauren Forgues	Boothbay Region	2006	
10,000 R. W.	53:56.73	Lauren Forgues	Boothbay Region	2006	