

**ISTA CHAMPION MEET RECORDS**  
**(Updated May, 2008)**  
**GIRLS**

<u>RUNNING EVENT</u>	<u>TIME</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>
100m	12.3	Conway, Mekel	Milton Academy	1989
	12.43 FAT	York, Erin	Thayer Academy	2002
200m	24.88 FAT	Ezeigwa, Chizoba	Thayer Academy	2003
400m	56.49 FAT	Ezeigwa, Chizoba	Thayer Academy	2004
800m	2:21.0	Russell, Amy	Governor Dummer	1989
1500m	4:46.75 FAT	Gardner, Eliza	Winsor School	2004
3000m	10:24.22	Shearman, Claire	Governor Dummer	1997
100m HH	15.65 AT	Turner, Jenna	Thayer Academy	1999
300m IH	45.45 FAT	Ezeigwa, Chizoba	Thayer Academy	2005
<b>400m Relay</b>	<b>49.24 FAT</b>		<b>Thayer Academy</b>	<b>2008</b>
		<b>Tatiana Fitzpatrick, Ayana Myers, Seane Denny, Monet Brathwaite</b>		
1600m Relay	4:06.76 FAT		Thayer Academy	2005
		Lianne Early, Ayana Myers, Erin York, Chizoba Ezeigwa		

<u>FIELD EVENT</u>	<u>DISTANCE</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>
Shot Put	36' .75"	Long, Jessica	Governor Dummer	2004
Discus	135' 1"	Coan, Caitlin	St. Paul's	1999
Javelin	149' 11"	Karin, Tara	Governor's Acad.	2007
High Jump	5' 3"	Sylvester, Hannah	Governor Dummer	2005
<b>Pole Vault</b>	<b>10' 8"</b>	<b>Brittany Reardon</b>	<b>Thayer Academy</b>	<b>2008</b>
Long Jump	17' 5"	MacDonald, Yasha	Thayer Academy	2005
Triple Jump	35' 7.25"	Donahue, Danielle	Thayer Academy	2003

**ISTA CHAMPIONSHIP MEET RECORDS**  
**(Updated May, 2008)**  
**BOYS**

<u>RUNNING EVENT</u>	<u>TIME</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>
100m	10.9	Smith	St. Paul's	1985
200m	22.3 22.39 FAT	Leone, Dan Gatewood, Corey	Thayer Academy Belmont Hill	1992 2007
400m	48.99 FAT	Freitas, Brian	Thayer Academy	2005
800m	1:56.99 FAT	Harrison, Peter	St. Paul's	2007
1500m	3:57.64 FAT	Harrison, Peter	St. Paul's	2007
3000m	8:53.76 FAT	Harrison, Peter	St. Paul's	2007
110m HH	14.76	Dietrich, Christian	St. Paul's	2000
300m IH	38.8	Crain, Cory	Governor Dummer	1993
400m Relay	43.6		Belmont Hill	1992
1600m Relay	3:27.1		St. Paul's	1988
<u>FIELD EVENT</u>	<u>DISTANCE</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>
Shot Put	61' 7.5"	Lyons, Paul	Roxbury Latin	2001
Discus	166' 5"	Lyons, Paul	Roxbury Latin	2001
Javelin	179' 11"	Harrell, Jared	Thayer Academy	2003
High Jump	6' 4.25"	Jones, Mike	Thayer Academy	2001
Pole Vault	13' 6"	Cummings, Walter	Milton Academy	2002
Long Jump	22' 11"	Munabi, Tunji	St. Paul's	2005
Triple Jump	46' 8"	Munabi, Tunji	St. Paul's	2005

**ISTA MEET CHAMPIONS RECORDS**  
**(Updated May, 2008)**

**BOYS TEAM CHAMPIONS**

**GIRLS TEAM CHAMPIONS**

2008 Belmont Hill  
2007 Belmont Hill  
2006 Belmont Hill\*  
2005 Belmont Hill  
2004 Belmont Hill  
2003 Belmont Hill  
2002 Thayer Academy  
2001 Thayer Academy  
2000 St. Paul's  
1999 St. Paul's  
1998 St. Paul's  
1997 Belmont Hill  
1996 St. Paul's  
1995 St. Paul's  
1994 St. Paul's  
1993 St. Paul's  
1992 Belmont Hill  
1991 Milton Academy  
1990 Milton Academy  
1989 Milton Academy  
1988 Milton Academy  
1987 Milton Academy

2008 Thayer Academy  
2007 Thayer Academy  
2006 Thayer Academy\*  
2005 Thayer Academy  
2004 Thayer Academy  
2003 Thayer Academy  
2002 Thayer Academy  
2001 Thayer Academy  
2000 Thayer Academy  
1999 Milton Academy  
1998 Milton Academy  
1997 Milton Academy  
1996 Milton Academy  
1995 Milton Academy  
1994 Milton Academy  
1993 Milton Academy  
1992 Milton Academy  
1991 Milton Academy  
1990 Governor Dummer  
1989 Governor Dummer  
1988 Milton Academy

\*In 2006, the meet was cancelled due to weather. Team Champions were determined by a vote of the coaches and athletic directors

**ISTA MEET CHAMPIONSHIPS AWARD WINNERS  
(Updated May, 2008)**

MVP Recipients

2008	Boys' Runner Boys' Field Coaches' Award	Phil Royer – St. George's Brandon Murray – Governors Academy Alex Tarnoff – Belmont Hill
	Girls' Runner Girls' Field Coaches' Award	Monet Brathwaite – Thayer Academy Tatiana Fitzpatrick – Thayer Academy Jasmine Reid – Milton Academy
2007	Boys' Runner Boys' Field Coaches' Award	Peter Harrison – St. Paul's School Nate Richman – Thayer Academy Corey Gatewood – Belmont Hill Brian Freitas – Thayer Academy
	Girls' Runner Girls' Field Coaches' Award	Jasmine Reid – Milton Academy Alexandra Jackson – Thayer Academy Tara Karin – Governor's Academy
2006	Boys' Runner Boys' Field Coaches' Award	Brian Freitas – Thayer Academy James Williams – Roxbury Latin not awarded
	Girls' Runner Girls' Field Coaches' Award	Margo Derecktor – St. George's Naikhoba Munabi – St. Paul's not awarded
2005	Boys' Runner Boys' Field Coaches' Award	Sam Moorhead – St. Paul's Tunji Munabi – St. Paul's Brian Freitas -Thayer Academy
	Girls' Runner Girls' Field Coaches' Award	Keara Thomas - Governor Dummer Yasha MacDonald - Thayer Academy Yasha MacDonald - Thayer Academy
2004	Boys' Runner Boys' Field Coaches' Award	Robert Francois - Governor Dummer Tunji Munabi - St. Paul's School John Lingos-Webb - Milton Academy
	Girls' Runner Girls' Field Coaches' Award	Chizobe Eziegwa - Thayer Academy Jessica Long - Governor Dummer Yasha Ibikunle - Thayer Academy

2003	Boys' Runner	Jon Klinkoff - Milton Academy
	Boys' Field	Cummings - Milton Academy
	Coaches' Award	Micheal Jones - Thayer Academy
	Girls' Runner	Chizoba Eziegwe - Thayer Academy
	Girls' Field	Jess Long - Governor Dummer
	Coaches' Award	Sara Wilfred - Thayer Academy
2002	Boys' Runner	Jon Klinkoff - Milton Academy
	Boys' Field	Cummings - Milton Academy
	Coaches' Award	Micheal Jones - Thayer Academy
	Girls' Runner	Chizoba Eziegwa - Thayer Academy
	Girls' Field	Jess Long - Governor Dummer
	Coaches' Award	Sara Wilfred - Thayer Academy