

2010 PVC SMALL SCHOOL (Class C) ALL-CONFERENCE OUTDOOR TRACK TEAM

GIRLS FIRST TEAM

100m Dash: Mary Bridges, GSA
200M Dash: Kimber Thomas, CEN
400m Dash: Emily Panciera, FOX
800m Run: Gabby Naranja, FTKT
1600m Run: Gabby Naranja, FTKT
3200m Run: Mary Carmack, JB
1600m Race Walk: Analies Dyjak, ORO
100m H. Hurdles: Sarah Wardell, JB
300m L. Hurdles: Holli Kenison, ORO
4X100m Relay: John Bapst (Saskia Zimmerman, Amanda Martin, Maggie Lynn, Stesha Rudnicki)
4X400 Relay: John Bapst (Maggie Lynn, Carolyn Benner, Brianne Robertson, Maggie Bryan)
4X800 Relay: John Bapst (Kim Spencer, Mary Carmack, Lauren Donovan, Maggie Bryan)

High Jump: Jen Daley, JB
Pole Vault: Shelby Wheeler, ORO
Long Jump: Carolyn Benner, JB
Triple Jump: Holli Kenison, ORO
Shot Put: Ashley DeSilva, WA
Discus: Rebecca Campbell, CEN
Javelin: Sarah Bradshaw, SEAR

BOYS FIRST TEAM

100m Dash: Jared Waite, SCNK
200m Dash: Vincent Tymoczko, BUC
400m Dash: Vincent Tymoczko, BUC
800m Run: Pierre Dillon, GSA
1600m Run: Nathan Wyman, DEX
3200m Run: River Plouffe Vogel, GSA
1600m Race Walk: Shawn Goulette, DEX
110m H. Hurdles: Ben Plohr, GSA
300m Int. Hurdles: Ben Plohr, GSA
4X100m Relay: Central (Cody Weaver, Tyler Healy, Matt Kelley, Kevin Connolly)
4X400m Relay: Bucksport (Jonathan Grindle, Bobby Alvarado, Hanes Thibadeau, Vincent Tymoczko)
4X800m Relay: John Bapst (Kevin McConnell, Rylan Norris, Alex Beals, Derek Whited)

High Jump: Donnie Boyer, FOX
Pole Vault: Kody Stockley, ORO
Long Jump: Phil Holmes, ORO
Triple Jump: Stuart Lenz, JB
Shot Put: Nick Peterson, ORO
Discus: Conor O'Donnell, ORO
Javelin: Nick Peterson, ORO

2010 PVC SMALL SCHOOL (Class C) ALL-CONFERENCE OUTDOOR TRACK TEAM

GIRLS SECOND TEAM

100m Dash: Kimber Thomas, CEN, Sara Disselkamp, STNS
200m Dash: Maggie Lynn, JB, Mary Bridges, GSA
400m Dash: Alex Crocker, ORO, Kimber Thomas, CEN
800m Run: Maggie Bryan, JB, Faith Mackey, SEAR
1600m Run: Mary Carmack, JB, Chelsie Oldfield, FOX
3200m Run: Adrienne Carmack, JB, Chelsie Oldfield, FOX
1600m Race Walk: Mandy Ferguson, MAT, Alyssa Ouellette, FTKT
100m H. Hurdles: Shelby Wheeler, ORO, Amy Haskell, JB
300m L. Hurdles: Jennie Wainer, JB, Amanda Martin, JB
4X100 Relay: Orono (Lourine Weller, Alex Crocker, Shelby Wheeler, Kate Berry); GSA (Vika Grindle, Amanda Moir, Hannah Dietz, Mary Bridges)
4X400 Relay: Orono (Kate Berry, Kayla Marquis, Holli Kenison, Alex Crocker); Central (Janelle Portman, Remay Burke, Max McHugh, Kimber Thomas)
4X800m Relay: Orono (Audrey Landis, Elizabeth Nelson, Cassie Clemmer, Kayla Marquis); Dexter (Hallie Collopy, Alison Pease, Anna Ritland, Rebecca Mason)
High Jump: Stesha Rudnicki, JB, Briana Worster, PCHS
Pole Vault: Kayla Marquis, ORO, Julianne LaBrecque, ORO
Long Jump: Kara Churchill, BUC, Maggie Lynn, JB
Triple Jump: Jen Daley, JB, Carolyn Benner, JB
Shot Put: Mackenzie Morel, PENQ, Kate Bulteel, ORO
Discus: Ashley DeSilva, WA, Jessica Plante, CEN
Javelin: Taylor Zeigler-Miller, BUC, Laura Triandafillou, ORO

BOYS SECOND TEAM

100m Dash: Vincent Tymoczko, BUC, Stuart Lenz, JB
200m Dash: Stuart Lenz, JB, Jared Waite, SCNK
400m Dash: Chad Hensley, JB, Stuart Lenz, JB
800m Run: Nathan Wyman, DEX, Matt Guidod, MAT
1600m Run: Matt Guidod, MAT, River Plouffe Vogel, GSA
3200m Run: Joshua Boudreau, CEN, Josh Wheeler, MAT
1600m Race Walk: Mike Pina, FOX, Chris Erikson, CEN
110m H. Hurdles: Justin Brooks, ORO, Kody Stockley, ORO
300m I. Hurdles: Dustin Dubay, FTKT, Darius Shaffer, PCHS
4X100m Relay: Bucksport (Hanes Thibadeau, Michael White, Dakota Cunningham, Colin Whalen); Dexter (Shawn Goulette, Tyler White, Doug Richardson, Justin Kestlelout)
4X400m Relay: GSA (Daniel Weinberg, Pierre Dillon, River Plouffe Vogel, Ben Plohr); Orono (Joe Claar, Justin Brooks, Phil Holmes, Miguel Caballero)
4X800m Relay: Mattanawcook (Chris Worster, Isaac Ocana, Jake Pelkey, Matt Guidod); Sumner (Kurt Hand, Taylor Lee, John Sandeigo, Gabe O'Brien)
High Jump: Nathan Cram, SCNK, Cecil Shorey, CEN, Davis Cyr, FTKT, Jake Pelkey, MAT
Pole Vault: Tyler Higgins, ORO, Michael White, BUC
Long Jump: Bobby Alvarado, BUC, Brad DeCesere, JB
Triple Jump: Spencer Traylor, PENQ, Daniel Weinberg, GSA
Shot Put: Chris Desmond, JB, Robert Hall, CEN
Discus: Josh Lowell, DEX, Chris Desmond, JB
Javelin: Conor O'Donnell, ORO, John White, BUC