

8/27	Laliberte Invitational (Cony Course) 4:00pm-\$50 entry fee			
9/3 Boys 4:00/Girls 4:30	at E.L. Lewiston Brunswick Cony	at Maranacook Morse Lincoln Academy Oxford Hills Leavitt Mt. Ararat	at Winslow Belfast Erskine Medomak Valley Skowhegan Rockland Gardiner Camden Hills	at Mt. Blue Lawrence Messalonskee MCI
9/4 Boys 10:00/Girls 10:30	at Bangor Brewer Hampden Waterville			
9/10 Boys 4:00/Girls 4:30	at Lawrence Oxford Hills Gardiner Brewer Brunswick Cony Mt. Blue Maranacook Bangor	at E.L. Skowhegan Mt. Ararat Leavitt Lewiston	at Waterville Camden Hills Hampden Messalonskee MCI	at Belfast Erskine Morse Winslow Medomak Valley Rockland Lincoln Academy
9/16 Boys 4:00/Girls 4:30	at Mt. Ararat Morse Brunswick Winslow Rockland			
9/17 Boys 4:00/Girls 4:30	at Leavitt Oxford Hills Maranacook Cony	at Messalonskee Skowhegan Gardiner Lewiston	at Hampden Bangor Brewer	at Medomak Lincoln Edward Little Lawrence

	Mt. Blue	Waterville MCI		Camden Erskine Belfast	
9/23 Boys 4:00/Girls 4:30	at Brunswick				
	Morse Mt. Blue Lawrence Mt. Ararat				
9/24 Boys 4:00/Girls 4:30	at Cony	at Lincoln	at Skowhegan	at Oxford Hills	
	Gardiner Belfast Brewer Leavitt Hampden	Rockland Camden Hills Medomak Valley Erskine Winslow Maranacook	Bangor Waterville MCI Messalonskee	Edward Little Lewiston	
9/30 Boys 4:00/Girls 4:30	at Morse		10/1 Boys 4:00/Girls 4:30	at Erskine	
	Mt. Ararat Brunswick (Rockland)			Skowhegan Gardiner MCI	
10/2 First Race 11:30	Festival of Champions at Belfast				
	Belfast Maranacook Morse Hampden	Cony Camden Brunswick Medomak Valley	Mt. Blue Leavitt Messalonskee Lincoln Academy	Bangor Brewer Waterville Lawrence	Oxford Hills Edward Little Lewiston Winslow
10/8 4:00 Start	Mt. Blue Relays-\$40 Entry Fee		Camden Hills-\$25 Entry Fee/ <i>No Fee in 2010</i>		
10/9 Boys 10:00/Girls 10:30	at Lewiston				
	Gardiner	Leavitt	Bangor	Oxford Hills	Brunswick
10/16 Boys 11:00/Girls 11:45	KVAC Championships at Cony				
	<i>JV Race to follow-Sponsored by Cony XC Team-\$25 Entry Fee</i>				

10/23

Regional Championships at Belfast

10/26

Second Seven at Edward Little 4:00pm

10/30

State Championships at Belfast

*Boys run first in all meets in 2010