



MAINE

2015 USATF-MAINE Youth T&F Developmental Series Schedule of Events Option 1

MEET A

G&B 8 & U	800mRW	JAVELIN
B 9-10	800mRW	G 13-14
G 11-12	800mRW	G 11-12
G 13-14	1500mRW	G 9-10
		G 8 & U
G 9-10	1500m	
G 11-12	1500m	LJ/TJ
G 13-14	1500m	G 13-14LJ
B 11-12	3000m	G 11-12LJ
B 13-14	3000m	G 9-10LJ
B 11-12	80mLH	G 8 & ULJ
B 13-14	100mLH	B 13-14TJ
G 8 & U	100m	B 11-12TJ
G 9-10	100m	
G 11-12	100m	HJ/PV
G 13-14	100m	B 13-14HJ
B 8 & U	200m	B 11-12HJ
B 9-10	200m	B 9-10HJ
B 11-12	200m	B 8 & UHJ
B 13-14	200m	B&G 13-14PV
G 8 & U	400m	
G 9-10	400m	SP/DIS
G 11-12	400m	B 8 & USP
G 13-14	400m	B 9-10SP
B 8 & U	800m	B 11-12SP
B 9-10	800m	B 13-14SP
B 11-12	800m	G 11-12DIS
B 13-14	800m	G 13-14DIS
B 8 & U	400mRELAY	
G 8 & U	400mRELAY	
G 9-10	400mRELAY	
G 11-12	400mRELAY	
G 13-14	400mRELAY	
B 9-10	1600mRELAY	
B 11-12	1600mRELAY	
B 13-14	1600mRELAY	
400m COED RELAYS		

MEET B

B&G 8 & U	800mRW	JAVELIN
G 9-10	800mRW	B 13-14
B 11-12	800mRW	B 11-12
B 13-14	1500mRW	B 9-10
		B 8 & U
B 9-10	1500m	
B 11-12	1500m	LJ/TJ
B 13-14	1500m	B 13-14LJ
G 11-12	3000m	B 11-12LJ
G 13-14	3000m	B 9-10LJ
G 11-12	80mLH	B 8 & ULJ
G 13-14	100mLH	G 13-14TJ
B 8 & U	100m	G 11-12TJ
B 9-10	100m	
B 11-12	100m	HJ/PV
B 13-14	100m	G 13-14HJ
G 8 & U	200m	G 11-12HJ
G 9-10	200m	G 9-10HJ
G 11-12	200m	G 8 & UHJ
G 13-14	200m	B&G 13-14PV
B 8 & U	400m	
B 9-10	400m	SP/DIS
B 11-12	400m	G 8 & USP
B 13-14	400m	G 9-10SP
G 8 & U	800m	G 11-12SP
G 9-10	800m	G 13-14SP
G 11-12	800m	B 11-12DIS
G 13-14	800m	B 13-14DIS
B 8 & U	400mRELAY	
G 8 & U	400mRELAY	
B 9-10	400mRELAY	
B 11-12	400mRELAY	
B 13-14	400mRELAY	
G 9-10	1600mRELAY	
G 11-12	1600mRELAY	
G 13-14	1600mRELAY	
400m COED RELAYS		

AGE GROUPS: 8&UNDER - BORN 2007 AND AFTER

9 - 10 - BORN 2005 - 2006

11 - 12 - BORN 2003 - 2004

13 - 14 - BORN 2001 - 2002



MAINE

2015 USATF-MAINE Youth T&F Developmental Series
Schedule of Events Option 2

MEET A

G&B 8 & U	800mRW	JAVELIN
B 9-10	800mRW	G 13-14
G 11-12	800mRW	G 11-12
G 13-14	1500mRW	G 9-10
		G 8 & U
B 11-12	80mLH	
B 13-14	100mLH	LJ/TJ
G 8 & U	100m	G 13-14LJ
G 9-10	100m	G 11-12LJ
G 11-12	100m	G 9-10LJ
G 13-14	100m	G 8 & ULJ
B 8 & U	200m	B 13-14TJ
B 9-10	200m	B 11-12TJ
B 11-12	200m	
B 13-14	200m	HJ/PV
G 8 & U	400m	B 13-14HJ
G 9-10	400m	B 11-12HJ
G 11-12	400m	B 9-10HJ
G 13-14	400m	B 8 & UHJ
B 8 & U	800m	B&G 13-14PV
B 9-10	800m	
B 11-12	800m	SP/DIS
B 13-14	800m	B 8 & USP
G 9-10	1500m	B 9-10SP
G 11-12	1500m	B 11-12SP
G 13-14	1500m	B 13-14SP
B 11-12	3000m	G 11-12DIS
B 13-14	3000m	G 13-14DIS
B 8 & U	400mRELAY	
G 8 & U	400mRELAY	
G 9-10	400mRELAY	
G 11-12	400mRELAY	
G 13-14	400mRELAY	
B 9-10	1600mRELAY	
B 11-12	1600mRELAY	
B 13-14	1600mRELAY	
400m COED RELAYS		

MEET B

B&G 8 & U	800mRW	JAVELIN
G 9-10	800mRW	B 13-14
B 11-12	800mRW	B 11-12
B 13-14	1500mRW	B 9-10
		B 8 & U
G 11-12	80mLH	
G 13-14	100mLH	LJ/TJ
B 8 & U	100m	B 13-14LJ
B 9-10	100m	B 11-12LJ
B 11-12	100m	B 9-10LJ
B 13-14	100m	B 8 & ULJ
G 8 & U	200m	G 13-14TJ
G 9-10	200m	G 11-12TJ
G 11-12	200m	
G 13-14	200m	HJ/PV
B 8 & U	400m	G 13-14HJ
B 9-10	400m	G 11-12HJ
B 11-12	400m	G 9-10HJ
B 13-14	400m	G 8 & UHJ
G 8 & U	800m	B&G 13-14PV
G 9-10	800m	
G 11-12	800m	SP/DIS
G 13-14	800m	G 8 & USP
B 9-10	1500m	G 9-10SP
B 11-12	1500m	G 11-12SP
B 13-14	1500m	G 13-14SP
G 11-12	3000m	B 11-12DIS
G 13-14	3000m	B 13-14DIS
B 8 & U	400mRELAY	
G 8 & U	400mRELAY	
B 9-10	400mRELAY	
B 11-12	400mRELAY	
B 13-14	400mRELAY	
G 9-10	1600mRELAY	
G 11-12	1600mRELAY	
G 13-14	1600mRELAY	
400m COED RELAYS		

AGE GROUPS: 8&UNDER - BORN 2007 AND AFTER
9 - 10 - BORN 2005 - 2006
11 - 12 - BORN 2003 - 2004
13 - 14 - BORN 2001 - 2002



USATF-MAINE Youth T&F Developmental Series **2015 RULES**

General Developmental Summer Series Rules & Entry Fees

1. Entry fees Development Meets - \$2.00 per athlete.
2. Entry fee for Junior Olympic Qualifying Meet and State Championships is \$3.00 per athlete.
3. Coaches will collect entry fees and turn the fees over to the meet director along with a club roster.
4. Host sites must pay a \$50.00 fee for putting the meet on. This helps defray the cost of the stickers for the ribbons and is ½ of the national sanction fee.
5. Each club must supply at least two officials for each regular season meet before the start of the coaches meeting. If your club does not provide 2 officials you may be asked to pay the host site \$25 for each official you do not supply. Unattached athletes, may be asked to supply one official to assist with the meet.
6. In case of bad weather, the meet director will contact each club concerning the postponement - event re-scheduled date if applicable. Host sites must pay a \$50.00 fee for putting the meet on. This helps defray the cost of the stickers for the ribbons and is ½ of the national sanction fee.
7. Service animals only allowed at USATF-Maine sanctioned events-host site to maintain enforcement.
8. All clubs must use team manager lite or team manager for entries to the regional meets. The program will be used to turn in to Ron Kelly roster at periodic intervals throughout the summer.
9. Starting times: a-2:00pm b-11:00am c-10:00am d-2:00pm

Memberships & Coaches

10. All youth teams' athletes' registrations forms must be received-postmarked before or on July 05 of current year. Clubs not complying will have coaches field pass revoked at state championship. All youth registrations must be submitted by paper registration form and returned to Brenda Oldfield 53 Atkinson Road Dover Foxcroft, ME 04426 (207) 717-8806 memberships@maine.usatf.org. As of September 2011, each youth registration form must be accompanied with a copy of their birth certificate unless, the youth athlete has had their date of birth verified during the 2014 year.
11. Clubs must have their club dues paid before they compete in the regular season meets as well have the youth athletes registered.
12. All Coaches, Volunteers, and anyone 18 years old and older who comes in contact with youth athletes at practices and meets are REQUIRED to complete Background Check (<http://www.usatf.org/About/Programs/Background.aspx>). Teams/Clubs that do not comply with this will have field passes revoked and not allowed in the competition area.



13. It is suggested that coaches complete Safe Sport Program as this will be required in 2016 (<http://www.usatf.org/About/SafeSport.aspx>).

Age Division/Restrictions

14. Age divisions: 8 & under, 9-10, 11-12, 13-14 & 15.
15. Age of all competitors is determined by subtracting year of birth from 2015.
16. Age Calculation: Age of all competitors is determined by subtracting year of birth from 2015.
17. Event Limits:
 - a. 8 & under - 3 events including relays
 - b. 9-10 - 3 events including relays
 - c. 11-12 - 3 events including relays
 - d. 13-14 & 15 4 events including relays
18. Athletes are not allowed to move into another age group to compete.
19. Athletes who were 8th graders during the 2014-2015 school year and who are turning 15 during 2015 can compete in all meets, but do not score at the state meet.

Relays

20. Relays count toward event limits
21. Coed relays must consist of 2 boys and 2 girls of the same age group.

Awards

22. Ribbons will be awarded to the top six in each event.

Field Event Rules

23. Regular season meets there will be three attempts, excluding the high jump and pole vault. In the state meet there will be 4 attempts for all.
24. The use of rubber discus is prohibited. USATF rule: 189.2a-c.
25. To compete in the pole vault in the qualifying meet and the championship meet, you must clear 5' in a regular season meet and be verified by the meet director.
26. Because of limited facilities, the pole vault can be held each week if possible. No training poles allowed at these meets. USATF rule 302.4n

Qualifying Meet/State Championships

27. At the state qualifying meets, if there are 4 or less athletes entered in an event, the event may not be contested. Relays will be contested at the Regional meets.
28. Waivers: you can obtain a waiver for the state meet only if you have earned a ribbon in that event. Waiver Form MUST be completed and submitted before start of Qualifying Meet
29. Private implements will be allowed at Qualifying Meet and State Championships as long as throwing implements meet implement specifications and it is understood that they are available to use by any competitor in that field event. All approved throwing



implements and relay batons will be provided by the association at the State Championships.

Results

30. Each group section (a-d) shall e-mail their sections meet results by the Sunday following the meet to Ron Kelly (youth@maine.usatf.org) and Mark Dennett (secretary@maine.usatf.org) for posting on the USATF-Maine association web site.

Order of Events

31. Each group may choose between the two schedule of events provided. These are the two suggested formats.

CLUBS			
Group A	Group B	Group C	Group D
Group Coordinator: Ron Kelly	Group Coordinator: Tom Menendez	Group Coordinators: Wendy Serbent & Mark Dennett	Group Coordinator: Mary Cady 745-2540
Bonney Eagle	Auburn	Augusta	Old Town
Cape Elizabeth	Brunswick	Gardiner	Bangor
Cumberland	Lewiston	Granite Town	Blue Hill
Falmouth	Lisbon	Lakers	Brewer
Gorham	Oxford	Sandy River	Central Track
Kennebunk	Panthers	Skowhegan	Cool Runnings
Portland	Topsham	Waterville	Hampden
Saco	Wiscasset	Winslow	Lincoln
Scarborough	Woolwich	Winthrop	Orono
Wells			Pittsfield
Westbrook			
Windham			
York			

Implement Specifications by Age Group (Both genders unless noted)

Age Group 8 and Under:

Shot Put: 4lbs.
Turbo Javelin: 300g

Age Group 11-12

Shot Put: 6lbs.
Turbo Javelin: 300g
Discus: 1kg

Age Group 9-10

Shot Put: 6lbs.
Turbo Javelin: 300g

Age Group 13-14 (15)

Shot Put: 6lbs (Girls)
Shot Put: 4kg (Boys)
Turbo Javelin: 300g
Discus: 1kg

Hurdles

Distance	Age Group	# of Hurdles	Height	To First	Interval	To Finish
80m	11-12 G&B	8	30"	12.0m	7.5m	15.5m
100m	13-14 G	10	30"	13.0m	8.0m	15.0m
100m	13-14 B	10	33"	13.0m	8.5m	10.5m