

5TH ANNUAL DYNAMIC DUO

3 MILE XC RACE



Saturday, August 1, 2015 @ 8:00 AM

BENEFITS: THE BUCKSPORT HIGH SCHOOL XC TEAM

MALE / FEMALE PURSUIT RACE: ALL MALES RUN FIRST WHO THEN PASS OFF TO THEIR FEMALE TEAMATE. WINNERS DETERMINED BY COMBINED TIME.

DATE: SATURDAY AUGUST 1, 2015 STARTS AT 8:00 AM / REGISTRATION STARTS AT 7:00AM; REGISTRATION WILL BE AT THE BUCKSPORT H.S. FOOTBALL FIELD

MAIL REGISTRATION FORM: TO CHRIS JONES P.O. BOX 1331 BUCKSPORT, ME 04416 / **EMAIL:** CHRIS.JONES@RSU25.ORG PHONE 469-9901

MAKE CHECKS TO BUCKSPORT HIGH SCHOOL COST: \$20.00 PER COUPLE

WHERE: BUCKSPORT HIGH SCHOOL

COURSE: BHS 3 MILE XC TRAIL (99% GROOMED DIRT /GRASS XC TRAIL)

STARTS AND FINISHES ON BHS FOOTBALL FIELD

COMBINED AGE GROUPS: UNDER 36 37-45 46-54 55-63 64-72
73-81 82-90 91-99 100-108 109-117 118PLUS

COMBINED TIMES DETERMINES: AGE GROUP WINNERS **AWARDS:** TO ALL AGE GROUP WINNERS

Race Agreement: By signing below, you understand and agree to the following: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but limited to fall or injuries caused by, weather conditions, traffic and trail conditions, in the consideration of my entry acceptance. I, for myself and anyone entitled to act on my behalf waive and release all race sponsors, Dynamic Duo Race, RSU25, and all representatives and successors from all claims or liabilities arising out of my participation in this event.

Female _____ / _____ / _____ / _____ / _____
age town email

Male _____ / _____ / _____ / _____ / _____

Circle Age Group -36 37-45 46-54 55-63 64-72 73-81 82-90 91-99 100-108 109-117 118+

Signature/Guardian if under 18 _____ Date _____



_____ Date _____