



19th
Annual

SPRUCE RUN-WOMANCARE ALLIANCE'S RACE TO END DOMESTIC ABUSE



5K AND WALK IN GUILFORD, ME

THIS YEAR FEATURING A NEW LOCATION, ELECTRONIC RACE TIMING,
AND A COMMUNITY BREAKFAST!

SUNDAY, OCTOBER 4TH, 2015

7:30 AM COMMUNITY BREAKFAST \$5 PER PERSON \$20 FAMILY (UNDER 2 YEARS EAT FREE)

8:00 AM REGISTRATION TABLES OPEN

9:00 AM RACE AND WALK EVENTS BEGIN

PISCATAQUIS COMMUNITY ELEMENTARY SCHOOL, 25 CAMPUS DRIVE DROP #1, GUILFORD, ME

MEDALS TO 1ST AND 2ND PLACE RACE FINISHERS MALE AND FEMALE OVERALL IN EACH OF THE AGE DIVISIONS, PLUS RACE PRIZES FOR 1ST AND 2ND PLACE OVERALL. AGE DIVISIONS: 10 AND UNDER/11-19/20-39/40-59/60+

REGISTRATION FEE \$25 ONLINE/BEFORE THE RACE. RACE DAY REGISTRATION \$30. PRE-REGISTER TODAY TO BE GUARANTEED A 2015 PERFORMANCE TEE-SHIRT!

PRE-REGISTER FOR A REDUCED FEE! ONLINE AT:
[HTTPS://RUNSIGNUP.COM/RACE/ME/GUILFORD/RACETO-
ENDDOMESTICABUSE](https://runsignup.com/Race/ME/Guilford/RaceToEndDomesticAbuse) TO PRE-REGISTER, PLEDGE DONA-
TIONS, AND SHARE YOUR RACE PAGE ON SOCIAL MEDIA!
OR CALL 564-8166. PLEASE NO DOGS AT THIS EVENT.



