

**Tradewinds**  
**Great Pumpkin 4k Road Race**  
 **2015** 

**What:** 4k (2.42 mi) Race

**When:** Sunday, September 27, 2015

**Where:** Registration in the parking lot of Tradewinds Market between 9:00-9:45 AM.  
4k race will begin at 10:00 AM at Tradewinds Market and end at the Blue Hill library.

**Directions:** Tradewinds Market is located at the intersection of Rt 15 and South Street in Blue Hill.

**Course:** 4k will begin at Tradewinds Market. The 4k race will end at the Blue Hill library. The course is wheel measured. A large part of the course is downhill with the rest mostly flat with two short uphill sections.

**Cost:** Students- \$6; Adults-\$12 (All proceeds will be donated to the George Stevens Academy Cross-Country team)

**T-Shirts:** Free to the first 50 entries

**Awards:** Award presented to top Male and Female in each age group

\$100.00 Citgo gas card to the first Male and Female finishers of the race.

**For more information:** Contact The Blue Hill YMCA 207-374-2248

Part of the Tradewinds Market/SUB5 Road Race Series

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Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
Age: \_\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_\_ T-Shirt Size S\_\_ M\_\_ L\_\_ XL\_\_  
Division: Student 12 and under \_\_\_\_ Student 13-19 \_\_\_\_ 20-29 \_\_\_\_ 30-39 \_\_\_\_  
40-49 \_\_\_\_ 50-59 \_\_\_\_ 60-69 \_\_\_\_ 70+ \_\_\_\_  
Entry Fee : Student \$6 \_\_\_\_ Adult \$12 \_\_\_\_

**Race Waiver and Release (must be signed by participant or parent/guardian if under age 18):** I am a voluntary participant in this event and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against the organizers, sponsors, workers, and any other persons or entities associated with this event from any loss, liability, or claims I may have arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or guardian signature (if under age 18) \_\_\_\_\_

Make Checks payable to: 4k Road Race

Mail to : Blue Hill YMCA  
PO Box 575  
Blue Hill, ME 04614

OR You can drop it off @ The Blue Hill YMCA located behind Tradewinds Market.