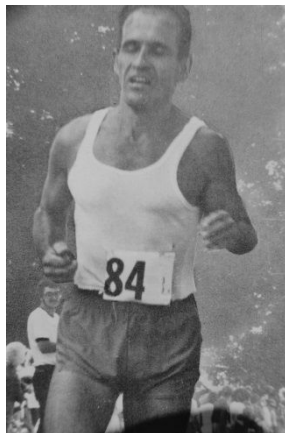




Ralph K. Thomas Race –
for Diabetes Prevention & Awareness

8K run, 2.5 mi. walk



When: Sunday, **Nov. 1st** 2015

Where: Indian Island Community Building

Cost: \$15 pre-registration fee per person (single)
\$12 pre-registration fee per person (team of 4 or more)

More information & registration form:

www.facebook.com – 7th Annual Ralph K. Thomas 8K run/2.5 mile walk

www.penobscotnation.org

www.active.com

