

# Caravel 5 Miler

May 21, 2016



Caravel Middle School  
520 Irish Road  
Carmel, Maine  
848-3615

Applications @ [caravelms.rsu87.org](http://caravelms.rsu87.org) or [sub5.com](http://sub5.com)

# Join Us

**Saturday, May 21, 2016**

for a scenic 5 mile loop on the back roads of Carmel & Levant beginning at CMS. Professional timing, mile markings, water stops, restrooms, refreshments, awards!\*

Race time: 9:00am/8:00am (walkers)      Registration opens @ 7:30am

\*Awards to top 3 male and female runners as well as top 3 male and female runners in each of the following categories: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

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## Registration Form

Name: \_\_\_\_\_

Please check one:

Male \_\_\_\_\_ Female \_\_\_\_\_

Age on race day: \_\_\_\_\_

Liability Waiver: I know that participating in a road race is a potentially hazardous activity which could cause injury or death. By my signature, I certify that I am medically able to perform this event. In addition, I assume all risks associated with running in this event, including but not limited to the following: falls, contact with other participants, the effects of the weather, and road conditions. Having read this waiver, I hereby release Caravel Middle School, the towns of Carmel and Levant, all entities associated with or assisting in the hosting of this event, and their representatives and successors from all claims or liabilities of any kind arising from my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature if under 18 years: \_\_\_\_\_ Date: \_\_\_\_\_

Email for confirmation: \_\_\_\_\_

Emergency Name/Number: \_\_\_\_\_

**\$10 Advanced Registration (\$5 for students) OR \$15 on Race Day (\$10 for students)**

**Mail to: Caravel 5 Miler, 520 Irish Road, Carmel, Maine 04419. Checks payable to "CMS."**

