

THE 41st Tour du Lac

10 Miler /A 2010 Maine Running Hall of Fame Inductee
Bucksport, ME Saturday- June 25, 2016
PART OF SUB5 RACE SERIES

**\$\$\$\$\$\$100.00 CASH PRIZE TO FIRST MALE AND
FEMALE TO BREAK THE COURSE RECORD
LOUIE LUCHINI 50:20/CASSIE HINTZ- 59:06**

Awards Top 2 Finishers Male/Female
Awards (Homemade Jam) Three Deep For Following
18 & Under
19 – 29 M/F
30 –39 M/F
40 – 49M/F
50 – 59M/F
60 – 69 M/F
70 – 79 M/F
80 – 89 M/F

****Walkers start at 6:45**
Race starts at 7:30 at
Town Swimming Pool**

2015 Winners
Male: Adam Goode 54:49
Female: Mary Clapper-Buck 73:43

Part of the Trade Wind's Market/SUB5 Road Race Series and Eden Race Club Series

Race Day Registration opens 6:30am at Bucksport Community Swimming Pool on the corner of Bridge St. and Broadway.

Directions From Bangor: south on Rte 15 thru town-take a left at the traffic light onto Bridge St.- follow to the end of Bridge St.- registration on the right at the corner of Bridge & Broadway

From Ellsworth:-Rte 1 south to the traffic light in Bucksport-take first right immediately beyond light-follow to the end of Bridge St.-registration on the right at the corner of Bridge St & Broadway.

From Belfast- Rte. 1 north to traffic light in Bucksport-turn left and take first right immediately beyond light-follow to the end of Bridge St.-registration on the right at the corner of Bridge St. & Broadway.

Course-Starts at Town swimming pool-right onto Central St. to Millvale Road-left onto Charlie Cole Rd.-left onto Silver Lake Rd-onto School St.-left onto Central St. – right onto Broadway. You'll finish where you started at the Town swimming pool.

Contact: Chris or Margaret Jones 469-9901 / Christopher.Jones@RSU25.org

Entry Fee \$15.00 Includes T-Shirt

Make Checks Payable to SUB5 Track Club

To First 50 Register

Mail Entry Form and Fee to:

Chris Jones P.O. Box 1331

T- Shirt Size S M L XL

Bucksport, Maine 04416

Race Agreement: By signing below, you understand and agree to the following: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls or injuries caused by, weather conditions, traffic, and road conditions, in the consideration of my entry acceptance. I, for myself and anyone entitled to act on my behalf waive and release all race sponsors, Tour du Lac, The Town of Bucksport, and all representatives and successors from all claims or liabilities arising out of my participation in this event.

M / F / / / / /

Print Name _____

Age as of Race Day _____

Date of birth _____

Date _____

Address _____

Signature (parent or guardian if under 18) _____

Phone # _____