

KVAC X-C SCHEDULE 2016

First practice – August 15th

*Friday, Aug. 26th – Laliberte Invitational (Cony course) 4:00 \$50 entry fee *Boys run first in 2016*

Saturday, Aug. 27th Panther Preseason 2 Miler – 9:00

Friday, Sept. 2nd Boys 4:00 Girls 4:30

At Edward Little
Lewiston

At Maranacook
Oxford Hills
Leavitt
Mt. Ararat
Erskine
(Winthrop)

(Monmouth)
(Lisbon)

At Winslow
Belfast
Cony
Morse
MCI

At Skowhegan
Brewer
Hampden
Waterville
Bangor
Brunswick

At Mt. Blue
Lawrence
Messalonskee
Mt. Ararat
Spruce Mountain

At Medomak
Richmond
Oceanside
Camden Hills
(Boothbay)
(Fox Island)

Friday, Sept. 9th Boys 4:00 Girls 4:30

At Waterville
Messalonskee
Winslow
MCI
Hampden
Brewer
Oxford Hills
Skowhegan
Spruce Mountain

At Belfast
Erskine
Medomak
Lincoln Academy
Oceanside

Saturday, Sept. 10th Casco Bay Relays Both Boys and Girls races begin at 10:00 at the McMann Athletic Complex in Bath

At Morse
Mt. Ararat
Brunswick
Lawrence
Cony
Maranacook
Mt. Blue
Camden Hills

Lewiston
Leavitt
Bangor
Edward Little

Friday, Sept. 16th Boys 4:00 Girls 4:30

At Brunswick
Morse
Mt. Ararat
Spruce Mountain
Camden Hills
MCI

At Leavitt
Oxford Hills
Maranacook
Mt. Blue
Lewiston
Edward Little
Messalonskee
(Monmouth)

At Hampden Academy
Bangor
Winslow
Skowhegan
Brewer
Belfast

At Medomak
Lincoln Academy
Lawrence
Waterville
Cony
Erskine
Oceanside

Thursday, Sept. 22nd Boys 4:00 Girls 4:30
At Lawrence Mt. Ararat Morse Mt. Blue Brunswick

Friday, Sept. 23rd Boys 4:00 Girls 4:30
At Cony At Lincoln (3:30) At Oxford Hills At Bangor At MCI
Belfast Richmond Leavitt Brewer Winslow
Waterville Erskine Lewiston Messalonskee Skowhegan
Hampden Academy Oceanside Spruce Mountain
Camden Hills Medomak
Maranacook Camden Hills
Edward Little
Waterville

Wednesday, Sept. 28th Boys 4:00 Girls 4:30
At Erskine
MCI
Spruce Mountain
Skowhegan

Friday, Sept. 30th Boys 4:00 Girls 4:30
At Mt. Ararat
Morse
Brunswick

Saturday, Oct. 1st Festival of Champions at Belfast
First Race 11:00
*** Registration information will be forwarded after state track meet in June*

Friday, October 7th
Mt. Blue Relays **4:00 start, \$40 Entry fee** ***Entries due 9/30**
Camden Hills Invitational **4:00 start** ***Entries due 9/30**

Saturday, October 15th KVAC Championships at Cony Varsity Boys 11:00, JV Boys 11:45, Varsity Girls 12:30, JV Girls 1:15
**JV races sponsored by Cony High School*

Saturday, October 22nd Regional Championships: East – Belfast West – TBA

Tuesday, October 25th “Second Seven” at Edward Little 4:00 – Entries to Diane Fournier by Oct. 23rd

Saturday, October 29th State Meet: Belfast

**Commencing in 2015, each school will be assessed a \$50 fee for the MPA tournament. Fee covers both teams and both the Regionals and State meets.*