



Newport Cultural Center
5K Race/Walk and 1M Fun Run (Rain or Shine!)
Saturday, September 10, 2016
Fun Run 9:00/5K 9:30

The Newport Cultural Center 5K race/walk and 1 mile Fun Run will follow a gentle, shaded course through the neighborhoods near and along Lake Sebasticook in Newport. **Walkers are welcome to participate.** The first fifty registrants will receive a T-shirt. The pre-registration fee is \$20. Race day registration is \$25. Children 12 and under can participate in the Fun Run for \$5 each. Families can participate in the race/walk and/or Fun Run for \$30 per family.

Race day registration will take place from 8:00-9:00 AM. The Fun Run will begin at 9:00 and the 5K race at 9:30. Prizes will be awarded to the fastest boy and girl participating in the Fun Run. There will also be prizes awarded to the fastest male and female participants in the walk/run.

Post-race refreshments provided.

Registration

Please complete this form and mail it with payment to:

The Newport Cultural Center
154 Main Street
Newport, ME 04953

(Family registrants please use the back of this page as needed.)

Name: _____

Address: _____

Phone Number: _____ Email Address: _____

Gender: Female _____ Male _____

Adult T-Shirt Size: S M L XL (Sizes not guaranteed.)

Liability Waiver Form

I know that a run/walk event is a potentially hazardous activity. I should not enter a run/walk event unless I am medically able and properly trained. I agree to abide by any decision of a race official regarding my ability to safely complete the event. I assume all risks associated with entering this event including, but not limited to: falls, contact with other participants, the effects of the weather (including high heat and humidity), traffic and conditions of the road; such risks being known by me. Having read this waiver, I release the Newport Cultural Center, its Board of Directors, employees, agents, and individuals acting on the Newport Cultural Center's behalf, including race directors, volunteers, the Town of Newport, and its police and emergency personnel from liability.

Signature _____ (if under 18, please have parent sign below) Date: _____