

**DANFORTH'S TO DYSART'S  
11<sup>TH</sup> ANNUAL 5K ROAD RACE  
& BLUEBERRY PIE CHALLENGE**

*3.1 miles from Hermon High School to Dysart's to benefit Hermon High Cross Country*

**DATE:** Saturday, September 17<sup>th</sup>, 2016

**START TIME:** 8:00 am Kids Fun Run/Obstacle Course 8:30 am Walk/ 9:00 am Run

**COURSE:** Start at Hermon High School and finish at Dysart's in Hermon

**COST:** \$15 for 5K Run/Walk, \$5 for Kids Fun Run/Obstacle Course

**T-SHIRTS:** T-shirts will be given to first 50 race registrants!

**OPTIONAL DYSART'S BLUEBERRY PIE CHALLENGE:** What is the challenge? For an extra \$10, run 2 miles, eat a slice of Dysart's homemade blueberry pie and finish the race. The male and female winners each receive a \$50 gift certificate to Dysart's!

**RACE DAY REGISTRATION:** Begins at 7am in front of Hermon High School

**PRE-REGISTRATION:** Pre-register by completing the entry form below and mail it with entry fee to:  
Danforth's to Dysart's 5K Road Race  
Hermon High School  
2415 Route 2  
Hermon, ME 04401

Pre-registration is highly encouraged! Please make checks payable to Hermon High School. T-shirts will be given to the first 50 registrants. Additional t-shirts will be on sale. All race finishers will receive a \$5 gift certificate to Dysart's. Ribbons will be awarded to the top three male and female finishers in the following age groups: 14 & younger, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Awards will be given to the overall male and female winners (\$50 gift card) and additional awards will be given to those competing in the Dysart's Blueberry Pie Challenge, the 5K walk and the Kids Fun Run/Obstacle Course. For more race information contact Megan McCarthy at (207) 521-4664 or [mccarthym@hermon.net](mailto:mccarthym@hermon.net)

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City/Town: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Please circle one:

5K Run – 5K Walk- Kids Fun Run      Male: \_\_\_\_ Female: \_\_\_\_ T-Shirt Size: \_\_\_\_ Age: \_\_\_\_

I assume all risks involved with running this road race. I also assure that I am physically able to participate in this event. I agree to waive the Town of Hermon, the Hermon School Department, race officials, and all sponsor associated with the race from liability for injuries to me or my property.

Signature of runner or walker: \_\_\_\_\_

Signature of parent/guardian (if participant is under 18): \_\_\_\_\_