



Spruce Run-Womancare Alliance's 20th Annual Race To End Domestic Abuse

Sunday, October 2nd, 2016

5K Race Registration

Piscataquis Community Elementary School,

25 Campus Drive, Guilford, Maine

5K Age Divisions

10 and under
11-19
20-39
40-59
60+

Event Information

8:00 AM—Registration begins
9:00 AM—5K and Walk begins
10:30 AM—Awards ceremony and Anniversary
Celebration

Entry Fee: \$25

pre-registration encouraged
Prizes for overall 1st & 2nd
place Male and Female
Medals for 1st & 2nd place Male
and Female in each age division

Please join us on Sunday, October 2nd for the 2016 Race To End Domestic Abuse. The 5K route will begin at the Piscataquis Community Elementary School and will continue along the banks of the Piscataquis River Walk, returning back to the School. It's going to be a great day and we can't wait to see you there!

Send registration to: Spruce Run-Womancare Alliance, POB 653, Bangor, ME. 04402

~ make checks payable to Spruce Run-Womancare Alliance ~

Call 564-8166 for more information or visit www.sprucerun.net to register online

Entry Release: In consideration of accepting this entry, I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims and damages I may have against the race organizers, directors, any sponsors, their representatives, successors, Town of Guilford, S.A.D. 4 Campus, and assigns for any and all injuries suffered by me at said race or event, even if caused by negligence on the part of the race organizers.

Runner's Signature _____ Parent's Signature (if under 18) _____

Name (please print): _____ Sex: _____ Age: _____

Mailing Address: _____

Email Address: _____ Phone: _____

Circle T-shirt size: XS S M L XL 2XL

Bib#: _____