

# 3rd Annual Veteran's Remembrance 4 mile Road Race Sunday November 13th, 9am

**Proudly Sponsored by:**



**Registration- 7:30am at DEF YMCA  
Walk begins 8:30, Run begins 9:00**

**Cost \$15.00 Pre- Registered by Friday 11/11 noon-  
\$20.00 race day- Veterans with Military ID- Free**

**Portion of the entry fees will go to the Summit Project and Maine Veteran's Project**

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Down East Family YMCA, the city of Ellsworth, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Name: \_\_\_\_\_ Walker/Runner (Circle One)

Signature: \_\_\_\_\_

(Parent's Signature if under 18 years)

Date: \_\_\_\_\_

Military ID	DEF YMCA
Checked: _____	Use Only

Ph # \_\_\_\_\_ - \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Gender: M/ F

**For More Information/Mail Race Applications:**

**Robin Clarke at Down East Family YMCA 238 State Street Ellsworth, ME 04605  
207-667-3086 <http://www.defymca.org>**

