WMC Cross Country Schedule 2019
For 2019 WMC meets: Girls start at 4:30 boys at 5:00

**Week 1: Fri Sept. 6th** (Waynflete on trips)
CE, OOB, Traip, Wells @ York
Freep, GNG, Greely, LR, MCW @ Poland
FA, NYA, SD, Yarm @ SV

**Week 2: Fri Sept. 13th**
GNG, LR, OOB, SD, SV, Traip, Waynflete, @ Fryeburg
Sat 9/14 Hoka Classic 10 am Narragansett School, Gorham:
Freep, Greely, MCW, NYA, Pol, wells, Yarm
Sat 9/14 Cape, York girls at Quabacook Relays Morse

**Week 3:**
Thu 9/19 CE, OOB, Wayn @ Wells Homecoming
Fri 9/20 Freep, MCW, SV, Traip @ GNG Homecoming
Fri 9/20 LR, NYA, Pol, Yarm, York @ SD Homecoming
Sat 9/21 @ Manchester Inv: Greely, FA

**Week 4:**
Fri 9/27: GNG, MCW, SD, Traip, Freep @ Yarmouth Homecoming
Fri 9/27: CE, Wayn, York @ Greely
Fri 9/27: OOB, Wells @ NYA Homecoming
Sat 9/28: FA, Pol, SV @ Lake Homecoming
(11:00 am girls, 11:30 boys)

**Week 5: Fri Oct. 4th**
FA, NYA, Wayn @ Freeport
Wells, York, SV, OOB @ Traip
*Or Belfast Festival of Champions Sat Oct 5th -
CE, GNG, LR, MCW, NYA, Poland, SD, Yarmouth, Greely*
Week 6: Thu Oct. 10th
Girls 4:00, boys 4:30
Freep, Greely, Wells @ CE
FA, Pol, GNG, SV, Yarm, York @ LR
NYA, OOB, SD, Wayn, Traip @ MCW

Week 7: WMC Championship: Fri Oct. 18th @ St. Joe’s
2:00 walks, 3:00 girls varsity, 3:30 boys varsity, 4:00 JV girls, 4:30 JV boys, 5:15 awards

South Regionals at Twin Brook: Sat. Oct. 26th
State Meet at Twin Brook: Sat Nov. 2nd
New Englands: Sat Nov. 9th