Caravel
5 Miler

May 16, 2020



Caravel Middle School 520 Irish Road Carmel, Maine 848-3615

Applications @ https://www.facebook.com/CaravelMiddleSchool/ or sub5.com

Join Us Saturday, May 16, 2020

for a scenic 5 mile loop on the back roads of Carmel & Levant beginning at CMS. Professional timing, mile markings, water stops, restrooms, refreshments, awards!*

Registration opens: 7:30a.m. Walk starts: 8:00a.m. Race starts: 9:00a.m. *Awards to top 3 male and female racers as well as top 3 male and female racers in each of the following categories: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Finish ribbons for all participants! **Registration Form** Name: ______ Please check one: Walk ___ Race ___ Please check one: Male ___ Female ___ Age on race day (racers only): _____ Liability Waiver: I know that participating in a road race is a potentially hazardous activity which could cause injury or death. By my signature, I certify that I am medically able to compete in the Caravel 5 Miler. In addition, I assume all risks associated with running or walking in the Caravel 5 Miler, including but not limited to the following: falls, contact with other participants, the effects of the weather, and road conditions. Having read this waiver, I hereby release Caravel Middle School, the towns of Carmel and Levant, all entities associated with or assisting in the hosting of the Caravel 5 Miler, and their representatives and successors from all claims or liabilities of any kind arising from my participation in the Caravel 5 Miler. Signature: _____ Date: ____ Parent's signature if under 18 years: ______ Date: _____ Email for confirmation:

\$15 Advanced Registration (\$10 for students) OR \$20 on Race Day (\$15 for students). Proceeds to benefit the Gr. 8 Boston trip.

Shirts for first 50 registrants. Please circle size: Youth S M L OR Adult S M L XL 2X

Mail to: Caravel 5 Miler, 520 Irish Road, Carmel, Maine 04419. Checks payable to "CMS."