

2023 Kvac Track and Field Schedule

02/15/23 Final Draft

3:15 Coaches meeting, 3:30 start time

Week 1

4/13 @ Lewiston
4/19 @ Oxford Hills,
4/19 @ Lawrence
4/20 @ Cony
4/21 @ Mt. Blue
4/21 @ Maranacook
4/21 @ Messalonskee

Wednesday 4/19, Thursday 4/20, Friday 4/21, or Saturday 4/22 VACATION WEEK

Waterville, Leavitt, Edward Little
Brunswick, Gardiner, Winslow
Medomak Valley, Erskine Academy
Nokomis, Oceanside, Lincoln Academy
Mt. View, Camden Hills
Morse, MCI, Belfast
Mt Ararat, Skowhegan

Week 2

4/26 @ Belfast
4/26 @ Erskine
4/27 @ Messalonskee
4/27 @ Skowhegan
4/28 @ Camden Hills
4/28 @ Leavitt

Wednesday 4/26, Thursday 4/27 Friday 4/28 Saturday 29

Oceanside, Lincoln Academy
Medomak Valley, Gardiner **NO POLE VAULT**
Nokomis, Edward Little, Cony, Waterville
Brunswick, MCI, Mt. Blue, Lewiston
Morse, Lawrence, Mt View **NO POLE VAULT**
Mt Ararat, Maranacook, Oxford Hills, Winslow

4/29 @ MCI

7th Annual Husky Throwdown- 2 shot put circles, 2 discus and 2 javelin 11:00 Am Start

Week 3

5/3 @ Morse
5/3 @ Lawrence
5/4 @ Brunswick
5/4 @ Winslow
5/4 @ Medomak Valley
5/5 @ Mt. View

Wednesday 5/3, Thursday 5/4, Friday 5/5, or Saturday 5/6 (SAT's)

Cony, Lewiston, Leavitt
Belfast, MCI, Edward Little
Oxford Hills, Gardiner, Mt. Ararat
Waterville, Skowhegan, Messalonskee, Mt. Blue
Lincoln Academy, Camden Hills, Oceanside **NO POLE VAULT**
Erskine Academy, Maranacook, Nokomis

Week 4

5/10 @ Belfast
5/11 @ Mt. View
5/11 @ Morse
5/12 @ Oxford Hills
5/12 @ Maranacook
5/12 @ Mt. Blue

Wednesday 5/10, Thursday 5/11, Friday 5/12, Sat 5/13

Cony, Lincoln Academy, Oceanside, Waterville
Skowhegan, MCI, Medomak Valley, Nokomis
Camden Hills, Brunswick
Lewiston, Erskine, Edward Little, Mt Ararat
Gardiner, Leavitt, Winslow
Messalonskee, Lawrence

5/13 @ Waterville

Waterville Invitational.

Week 5

5/18 @ Medomak Valley
5/18 @ Nokomis
5/19 @ Mt Ararat
5/19 @ Cony
5/19 @ Leavitt
5/20 @ Waterville
5/20 @ Lewiston

Wednesday 5/17 Thursday 5/18, Friday 5/19 or Saturday 5/20 -Rivalry Week

Camden Hills, Oceanside, Lincoln Academy, **NO POLE VAULT**
Mt. View, Belfast
Morse, Brunswick, Lisbon - The Coastal Route 1 Invitational
Erskine Academy, Gardiner, Maranacook- "Cap City" Classic
Mt Blue, Oxford Hills, - Agricultural Track and Field Classic
Winslow, Skowhegan, Lawrence, MCI, Messalonskee- Community Cup
Edward Little, Bangor, Brewer- Battle of the Bridges

Friday 5/26/23

Saturday 5/27/23

Saturday 6/3/23

Saturday 6/10/23

Medium Kvac Championship at Cony 3:30 Small Kvac Championship at Lewiston 3:30

Kvac Large Championships at 10:00 AM

State Championship- Site TBD

New England Championships Site TBD

Large School 8

Lewiston

Oxford Hills

Edward Little

Skowhegan

Messalonskee

Brunswick

Mt Ararat

Camden

Medium School 9

Cony

Mt Blue

Gardiner

Lawrence

Morse

Nokomis

Erskine Academy

Lincoln Academy

Medomak

Small School 8

Leavitt

Waterville

Belfast

Oceanside

Winslow

MCI

Mt View

Maranacook