



36th ANNUAL NEW ENGLAND INTERSCHOLASTIC INDOOR TRACK & FIELD CHAMPIONSHIPS

Saturday, March 2, 2024 at 10:30 AM

At the Bob McIntyre Track

Reggie Lewis Track and Athletic Center

1350 Tremont Street, Roxbury Crossing, Boston, MA 02120

Presented by the Council of New England Secondary School Principals' Association

19 Golden Meadow Rd, Hampstead, New Hampshire 03841

Executive Director: Jim Davis, jim.davis@cnesspa.org

President: Dr. Glenn Lungarini, CAS-CIAC

New England Track & Field Committee:

Massachusetts: Keith Brouillard, MIAA; **Connecticut:** Henry Rondon, CIAC;

Vermont: Lauren Thomas, VPA; **Maine:** Mike Burnham, MPA;

New Hampshire: Dave Rozumek, NHIAA; **Rhode Island:** Thomas Marcello, RIIL

Registration begins at 9:00 AM

10:30 AM Hurdles – Trials (Girls before Boys-top 8 fastest times advance to Finals)
Dash – Trials (Girls before Boys-top 8 fastest times advance to Finals)
Hurdles – Final (Girls before Boys)
Dash – Final (Girls before Boys)

11:00 AM Long Jump and Shot Put – Boys, followed by Girls
(Top 9 performances from Trials to Finals)
High Jump – 30 minutes after infield is done
(2 pits –Opening Heights: Boys, 6'01" - Girls, 5'01")

11:30 AM 4 x 800 meter Relay - Sections
4 x 200 meter Relay - Sections
1 Mile - Sections
1,000 meter - Sections
600 meter - Sections
Jim Kalperis 300 meter - Sections
2 Mile - Sections
4 x 400 meter Relay – Sections

All the above events will be run as finals.

NOTE: Girls will compete before the boys as noted above.

Fastest sections will run last.

All athletes must check in when called.

MEET DIRECTOR:

Rick Kates, katesr@maldencatholic.org

FILING OF ENTRIES:

One representative from each state should send all entries electronically using Hy-tek's Meet Manager from your state championship results to Rick Kates at katesr@maldencatholic.org. Entries should be sent as soon as your qualifiers are determined. All entries should be received by 5:00 pm, Sunday, February 25, 2024.

REGISTRATION:

Registration of athletes, packet pickup, and payment of fees will begin at 9:00 AM until noon in **the gymnasium**, not the track area. All coaches and athletes should report directly to the gym, entering from the Malcolm X Blvd., aka New Dudley Street side door. **Note: Coaches will be asked to make scratches as they begin the registration process. Coaches will also need to complete, sign, and submit the Emergency Contact Form found in the Important Information section of this packet. Coaches should also report any relay team name changes to finish line computer area.**

FEES:

\$20.00 per individual athlete; (**New – no separate fee for relays - \$20.00 per competing athlete – one \$20.00 fee if the athlete is entered in multiple events.**)

There will be no refunds and **no purchase orders** will be accepted, check or cash only. Checks should be made payable to the **CNESSPA** and paid at registration on the day of the meet. Please do not mail a check prior to the event.

(Note: Only team members listed on the entry submission and two coaches will be allowed through the competitor gate. \$10.00 per person can be added to the entry check for additional coaches or athletes. It would be extremely helpful for all athletes and coaches from each school to report to registration together.)

IMPORTANT: Due to the fact that the meet is very popular and spectators come from all the N.E. states, the Reggie Lewis Center is filled to capacity. So we are obliged to monitor carefully all non-registered athletes. **THERE ARE NO ALTERNATES IN THE RELAYS.** Coaches must understand this fact. We cannot allow non-competitors to be passed into the meet for free. The Boston Fire Marshals are very cognizant of overcrowding, and in the past have ordered us to close the doors early causing some parents to be unable to see their sons or daughters compete. Please inform your parents to arrive early.

LIMITATIONS:

Each state will be allowed to submit the names of six (6) competitors per event. The selection of athletes will be made by each state's Association Track Committee. All qualifiers must have participated at their respective state associations' championship finals. Qualifying performances for seeding must also come from the state championship finals. Individual state restrictions govern each state's athletes' participation in the New England Championship. Competitors are limited to a maximum of four (4) events including relays, if your state association allows. National Federation rules govern the meet. No event will be held up to wait for an athlete competing in another event.

NEW in 2024 Para Athletes

Para athletes who competed in their respective state associations' state championship, will be permitted to enter in the New England Championship in the event (s) they participated in at their respective state championship. Para entries are in addition to the current entry limit for each state. The selection of athletes will be made by each state's Association Track Committee.

*****IMPORTANT INFORMATION*****

Emergency Action Plan

There is a short video that coaches should watch before coming to the Reggie Lewis Center. The video shows the various exits from the building, in case of an evacuation order, and the suggested meeting (rally) locations, for purpose of reuniting with their teams. The video can be found at:

<https://youtu.be/YJQX-suDrOg>

Meet management is required to collect online from each team an Emergency Contact Form.

<https://forms.gle/Zd5S6jWdG1ij5Xqv5>

Coaches at the state level should be advised of this procedure and encouraged to visit the above web sites and complete the online form for the general welfare of their athletes.

The collected forms would be given to the Athletic Trainers in case of an emergency; they will be kept until the end of the meet and then destroyed.

If anyone has any questions on this subject, please contact Meet Director Rick Kates: katesr@maldencatholic.org

AWARDS:

Special New England Champion plaques will be presented to the first-place winners of each event, including relays.

Athletes/relays placing 2nd through 6th in their events will receive medals

COACHES/ADULT REPRESENTATION :

All competitors must have an official school representative present in order to compete and must remain at the championship site throughout the meet. If it is a parent, a letter stating such on school letterhead and signed by either the school Principal or AD must be submitted at registration/check in.

EQUIPMENT:

Starting blocks and shot puts will be supplied by the meet; relay batons will not be provided, please bring your own batons. **The new NFHS '30 meter' relay exchange zone will not be in effect since the track will not be lined for it at this time.**

LOCKERS:

There are **no locker rooms** available at Reggie Lewis Center. Athletes should come dressed to compete.

GENERAL ADMISSION TO MEET:

General admission: \$10.00

Gates will open at 9:00 AM.

We will only be using ONLINE TICKETS and there will be **no cash accepted at the gate.**

The online ticket link is: <https://gofan.co/app/events/828284?schoolId=CNESSPA>

Or see **QR code flyer** on the last page.

SPIKES:

Athletes are to wear their spikes only in the track area and only during their competition. Spikes worn anywhere else in the center may cause your athlete to be disqualified. SPIKES: only 1/4" pyramid spikes are allowed. Other spikes will cause elimination from the meet. Correct size spikes will be available to purchase near the registration area in the gym. Athletes must have their spikes checked in the gym before competition.

T-SHIRTS:

Official New England Indoor Track & Field Championship apparel will be sold at the meet.

Apparel can be pre-ordered at <https://www.grrteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.

COACHES & ATHLETES ADMISSION INFORMATION:

Each school team entered will receive one (1) coach's wristband per gender! Only athletes actually entered in the competition will be allowed into the meet, and they must wear their wristband to enter the Field House. Coaches or Athletic Directors passes will not be accepted at this meet. Relay team members must wear their competitor numbers.

WEB SITE FOR INFORMATION AND RESULTS:

Live Results on: www.athletic.net

Results will also be posted on: www.cnesspa.com

VIDEO ACCESS:

The New England Indoor Track & Field Championship can be streamed live and/or retrieved on demand through the State Running Network for free. The link for access is: <https://staterunning.net/>

The State Running Networks is the exclusive broadcast rights holder of this event. Any individual streaming or rebroadcasting is strictly prohibited and in direct violation of the CNESSPA's agreements with the State Running Network. Any violation of State Running Network's exclusive broadcast rights may result in legal action.

COACHES: PLEASE READ THE "COACHES AND ATHLETES INFORMATION" INCLUDED IN EACH PACKET AT REGISTRATION SO YOU WILL UNDERSTAND YOUR AND YOUR ATHLETES' RESPONSIBILITIES.

Remember you pay for your entries at the registration desk. All field event athletes must report to their site at the initial call. The decision of the games committee is final!

DIRECTIONS TO REGGIE LEWIS:

North of Boston: follow I-93 South to Mass. Ave. exit;

West of Boston: follow Mass. Pike East to I-93 South (Southeast Expressway);

South of Boston: Rte. I-93 North to Southeast Expressway to Mass. Ave. exit; Take the Mass. Ave exit ramp, continue straight through the lights on to Melnea Cass Blvd., and follow Melnea Cass to the end. Go left onto Tremont Street – Reggie Lewis is 1/2 mile on the left.

Please see <https://www.rcc.mass.edu/reggie-lewis/about-us/directions-and-parking.html> for specific parking information. "Buses will not be allowed to park on Malcolm X Blvd. Coaches should call their bus driver when outside to be picked up."

HOTELS:

Overnight accommodations and all meals are the responsibility of the entering schools and individuals. There are no agreements with local hotels for special rates.



BUY TICKETS ONLINE

*USE THE QR CODE BELOW, OR
VISIT [GOFAN.CO](https://gofan.co) & SEARCH
CNESSPA*



*INDOOR TRACK AND FIELD CHAMPIONSHIPS
MARCH 02, 2024 | 10:30 AM*