

2024 Maine Savings Sub5 Road Race Series



DATE	RACE	REGISTRATION/ CONTACT
Dec. 31, 2023 @ 9 a.m.	Finale 5K	https://runsignup.com/finale5k
March 30 @ 9:30 a.m.	Flattop 5K, Lamoine	https://www.defymca.org/schedules/road-races/
May 4 @ 10 a.m.	Bridge the Gap 10 Miler, Bucksport	Crow Athletics www.crowathletics.com
May 27 @ 9 a.m.	Main Street Memorial Mile, Ellsworth	https://www.defymca.org/schedules/road-races/ (207) 667-3086
June 2 @ 10 a.m.	Cobscook Bay 10K for Down East Hospice, Pembroke	Register online, mail or race day www.cobscookbayroadraces.org Eric Mauricette
<i>June tba 7:30 a.m. (tentative)</i>	<i>Tour du Lac, Bucksport</i>	<i>Bucksport Recreation/DEFYMCA</i>
July 4 @ 9:45 a.m.	Walter Hunt Memorial 3K, Bangor	Register online, mail, or race day Sub5 Track Club, www.sub5.com
September 2 @ 9 a.m.	Labor Day 5 Miler, Bangor	Register online (preferred) or race day Bangor Parks and Recreation: 992-4490 Bangorparksandrec.com
September 15 @ 9:30 a.m.	Great Pumpkinfest 4K, Blue Hill	Register by mail or race day Isaac Vaccaro i.vaccaro@georgestevens.org
September 29 @ 9 a.m.	St. Joe's Commit to Get Fit 10K, Bangor	https://runsignup.com/Race/Events/ME/Bangor/StJoesCommit
October TBA @ 11 a.m. (TBA)	Black Bear 5K, Orono	Register by mail or race day UMaine 581-1234
<i>November 24 @ 1 p.m. (tentative)</i>	<i>Brewer High School Turkey Trot 3 Miler, Brewer</i>	<i>Register by mail or race day Brewer High School: 989-4140</i>

2024 Sub5 Series. DATES and TIMES subject to change

For more info: Sub5 Track Club – visit: sub5.com, on Facebook, or write to Sub5 Track Club, PO Box 63, Brewer, Maine 04412 VOLUNTEERS APPRECIATED, Contact Race Director

Sub5 Race Series Rules

***Rules subject to change pending number of races and Covid-19 impact**

*You must complete 5 series races to be eligible for an award.

*The age category of each runner is determined by their age at the first series race they enter for the calendar year.

*The top 10 runners in each age group receive points for each series race they complete. (1st = 10 points, 2nd = 9 points, etc.)

*Awards are based on the runner's total points from their 5 best series performances.

*Awards are presented to the male and female with the highest point total overall, regardless of age category. These 2 runners are not eligible for an age group award.

*Awards are presented to the top 3 runners in the following age groups: 0-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79 & 80+.

*In the event of a tie, each runner's next best race performance (6th, 7th, etc.) is considered until the tie is broken and a winner is determined. If for example, one runner has completed 5 races and the other tied runner 6, then the runner with more races wins. If the winner cannot be determined, the runners may share the award as follows: Tie for 1st and 2nd place award is combined and divided evenly. Tie for 2nd and 3rd place award is combined and divided evenly. Tie for 3rd – each runner receives a full award.

Membership to the Sub5 Track Club is not required to qualify for the race standings. However, membership fees help pay for series prizes, and support of the club. Membership registration is available online at: <https://runsignup.com/sub5>