# WATERVILLE INVITATIONAL <br> (In memory of David Whyte) <br> May 11th, 2024 <br> Meet Information 

## Meet Director

Katie Souviney, Waterville Head Track Coach (can be reached at ksouviney@aos92.org)

## Meet Entries

Entries are due by midnight Wednesday, May 8th on milesplit. Full meet scratches due by Friday, May 10th at noon to Brandon Richards at brandon@,tylertiming.com. Team Entry Fee is $\$ 150.00$ (boys and girls combined). Individual Entry Fee is $\$ 15.00$ (for teams entering 5 or less athletes). Entry fee is based on entries, not accepted entries.
Please make checks payable to Waterville Track \& Field Boosters Club. Payment will be due prior to the start of the meet. Checks can be mailed to Waterville High School, 1 Brooklyn Ave, Waterville, ME 04901 \% Katie Souviney.

## Running Events

- All running events will be run by girls first, followed by boys except for the hurdle finals (boys then girls).
- If needed, an updated time schedule for running events will be sent out once all entries are in.
- $100 \mathrm{~m} / 110 \mathrm{H} / 100 \mathrm{H}$ - Top 6 times from the trials will qualify for finals.
- All running events will be run slow to fast (except for trials of the 100 and 100/110 hurdles)


## Entry Limits

- Athletes are limited to a total of four events. Teams may only enter one relay team per event.
- Field Events: Top 24 athletes will be accepted in each event.
- Will be run in two flights of 12 . Top 9 athletes will advance to finals.
- Running Events: Top 30 athletes ( $100,110 / 100 H, 200,300 H, 400, \& 800$ ).

Top 18 athletes ( 1600 m Racewalk, $1600 \mathrm{~m}, 3200 \mathrm{~m}, \& 5000 \mathrm{~m}$ )

- Verified marks only


## Performance lists

Accepted entries will be posted on Milesplit on Thursday. Full meet scratches only are due by
Friday at noon. If there are scratches, the next eligible athlete will be moved into the meet. Once the final meet program is posted on Friday at 2 pm , no one will be added to the meet.

## Scoring

Scoring will be the top 8 in each event (10-8-6-5-4-3-2-1).
Live Results: live.tylertiming.com/meets/590406

## Parking

Parking is available on the adjacent streets and at the high school which is a short walk to the track. Fans are encouraged to park at the high school. Buses are allowed to drop athletes off at the gate to the track, but then must park behind the high school. Pets are not allowed at any Waterville athletic facilities.

## Admission Fees

All- $\$ 5.00$ (children under 5 are free). Gates open at $8: 30 \mathrm{am}$, please do not arrive any earlier.

## Event Check In

Field Event check in will be at the field event site. Running events will check in at the tent located inside the track near the discus cage. There will be first, second and third calls. All athletes need to be checked in by the start of the event or they will be scratched from that event.

## Field Events

- All athletes need to be checked in prior to the event starting.
- Athletes need to pay attention to how quickly the flights are moving and make sure to arrive back at the start of your designated flight. Athletes who check out for a running event or other field event are only allowed a 10 minute window before they have to be back to the field event.
- The field event venues will open up 20 minutes prior to the start of the event for warm ups for all athletes competing. 10 minutes prior to the start of the event, only the first flight will be allowed.
- The top 9 athletes will qualify for finals and will get an additional three attempts.
- Runbacks are not allowed and are banned according to the NFHS rulebook. Runbacks will result in disqualification from the event. Warm ups between flights will be 10 minutes.


## Spikes

$1 / 4$ " pyramid spikes are allowed

## Starting Heights

Starting heights for pole vault will be $6^{\prime} 0^{\prime \prime}$ for girls and $7^{\prime} 0^{\prime \prime}$ for boys. High Jump will be $4^{\prime} 0^{\prime \prime}$ for girls and $5^{\prime} 0^{\prime \prime}$ for boys. Increments for PV will be 6 " and for HJ will be 2 ".

## Trainer

A certified trainer will be available during the meet. Trainer may be found near the finish line.
Teams must bring all needed supplies.

## Tape Markings

Tape markings are allowed at the jumps and the $4 x 100 \mathrm{~m}$ relay. Please remove your tape when you have completed the event.

## Awards

Team awards (plaques) will be awarded to the team champion at the conclusion of the meet. Individual medals will be given out to the top eight finishers in the individual events and top three relay teams. Awards table will be located off the first turn between the bleachers and the concession stand. Athletes are responsible for picking up their medal once the final results have been posted.
Coaches are responsible for picking up any medals athletes did not already pick up at the conclusion of the meet.

## Concession

Concession stands will be available at the building located off the first turn of the track (cash only)

## Invitational T-Shirts

Meet Invitational T-shirts will be sold near the awards table. T-shirts will be $\$ 20$ (cash only).

## Team Areas

Teams can set up around the outside of the track (outside of the fence). Please be sure to clean up your team area before departure. Teams are not allowed to set up in the area in front of the concession stand or in the main straightaway bleachers.

## Gates

Please be aware of races when entering one of the gates to cross the track. Only competing athletes and coaches are allowed inside the fenced in area of the track.


Waterville Invite<br>In memory of David Whyte

May 11th, 2024

## Track Events

Heat will be run slow to fast except for trials

Field Events

| 10:00 | G 4x800m Relay | 10:00 | B Long Jump |
| :---: | :---: | :---: | :---: |
| 10:30 | B 4x800m Relay | 10:00 | G Long Jump |
| 11:00 | G 100m Hurdle Trials | 10:00 | G High Jump |
| 11:15 | B 110m Hurdle Trials | 10:00 | G Pole Vault |
| 11:30 | G 100m Trials | 10:00 | G Shot Put |
| 11:40 | B 100m Trials | 10:00 | B Discus |
| 11:50 | G 1600m Racewalk | 10:00 | B Javelin |
| 12:05 | B 1600m Racewalk |  |  |
| 12:15 | B 110m Hurdle Final |  |  |
| 12:20 | G 100m Hurdle Final |  |  |
| 12:25 | G 100m Finals |  |  |
| 12:30 | B 100m Finals |  |  |
| 12:35 | G 1600m | 12:30 | B Triple Jump |
| 12:50 | B 1600 m | 12:30 | G Triple Jump |
| 12:05 | G 4x100m Relay | 12:30 | B High Jump |
| 1:15 | B 4x100m Relay | 12:30 | B Pole Vault |
| 1:25 | G 400m | 12:30 | B Shot Put |
| 1:35 | B 400 m | 12:30 | G Discus |
| 1:50 | G 300m Hurdles | 12:30 | G Javelin |
| 2:05 | B 300m Hurdles |  |  |
| 2:20 | G 800m |  |  |
| 2:30 | B 800m |  |  |
| 2:40 | G 200m |  |  |
| 2:50 | B 200m |  |  |
| 3:05 | G 3200m |  |  |
| 3:15 | B 3200 m |  |  |
| 3:30 | G 4x400m Relay |  |  |
| 3:45 | B 4x400m Relay |  |  |
| 4:00 | Awards |  |  |

*Boys horizontal jumps will use the runway furthest away from the track. Girls will use the runway closest to the track.

## Team Champions

## Girls

$\begin{array}{ll}\text { Leavitt } & 2022 \\ \text { Bucksport } & 2023\end{array}$

## Boys

Leavitt 2022
Leavitt
2023

## Facility Map

*Teams please only use designated Team Camp Areas. The backside bleachers are available for teams (no tents allowed in the bleachers). The area in front of the concession stand and the main straight away bleachers are not for teams.


